



RESPIRE

Radon real time
monitoring system

LIFE RESPIRE Final Conference

Sabina Bigi
Project Coordinator



8th July 2021
Villa Aurelia
Via Leone XIII, 459
Rome, Italy

Budget

LIFE RESPIRE Project
September 2017
August 2020 – August 2021

Total Budget	2.239.158 Euro
Budget eligible	2.188.758 Euro
EU Contribution	about 1.313.254 Euro

Life topics: Environment and Health

Projects improving the use of **chemical monitoring data** (e.g. environmental monitoring, human bio- monitoring, product monitoring, indoor air monitoring) in the **protection** of human health and the environment, by making the chemical **monitoring** data available, accessible, comparable and interoperable, and allowing for linking them with monitoring of human and environmental health and for assessment of exposures from chemical mixtures via various routes of exposure.



RESPIRE

Radon real time
monitoring system

Partnership



Centro di Ricerca,
Previsione,
Prevenzione e
Controllo dei Rischi
Geologici
Sapienza Università
di Roma



Istituto
Nazionale di
Geofisica e
Vulcanologia



federalaal agentschap voor nucleaire controle

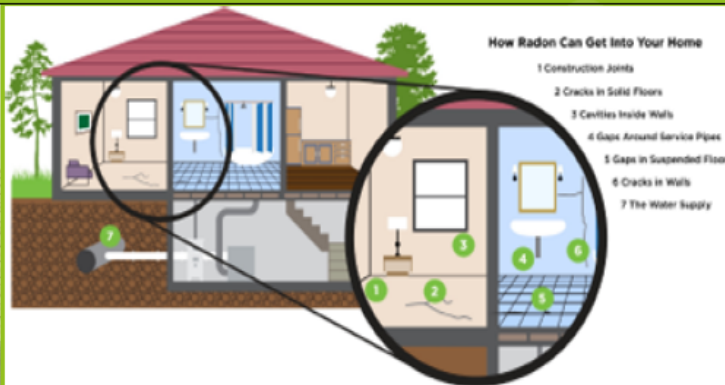


RESPIRE

Radon real time
monitoring system



LIFE RESPIRE LIFE16 ENV/IT/000553



SAFETY

RESPIRE will be able to completely match the European Directive 2013/59/EURATOM, reducing thus abating the average indoor radon concentration at demonstration sites from 500 Bq/m³ to less than 100 Bq/m³, reducing the average indoor radon concentration level of more than 400 Bq/m³.



PERFORMANCE

The RESPIRE system can complete the air change process in a room in 60 minutes two times a day, using 0,014 kWh instead of 0,168 kWh per day (saving 91% of energy), for a total per year of 60KWh (for one house of about 100mq).



MONITORING

RESPIRE aims to completely innovate the current Radon monitoring system, introducing a real-time system which provides measurements every 10 minutes of indoor Radon concentrations, making them available to public institutions and research institutes via an online (webGis) platform.

LIFE RESPIRE

RESPIRE is a Life project. Its main objective is to improve the quality of indoor air, keeping it free from radon of deep underground origin.

RESPIRE demonstrates in 4 significant areas, in Italy and Belgium, a cost-effective and eco-friendly solution for radon real-time measurement and remediation to keep indoor radon levels below 100 Bq/m³ level (as indicated in the European Directive 2013/59/EURATOM).

1

Implement an intelligent, adaptable and versatile hybrid radon remediation system composed by sensors, an Air Quality Balancer (SNAP) and an external additional fan-system (eolian and/or electric) working on positive pressure method.

2

Construct a real time LIFE-RESPIRE geodatabase of continuous radon measurements, coupled with other geological, geochemical and building characteristics data, within the framework of the European Atlas of Natural Radiation (promoted by EU).

3

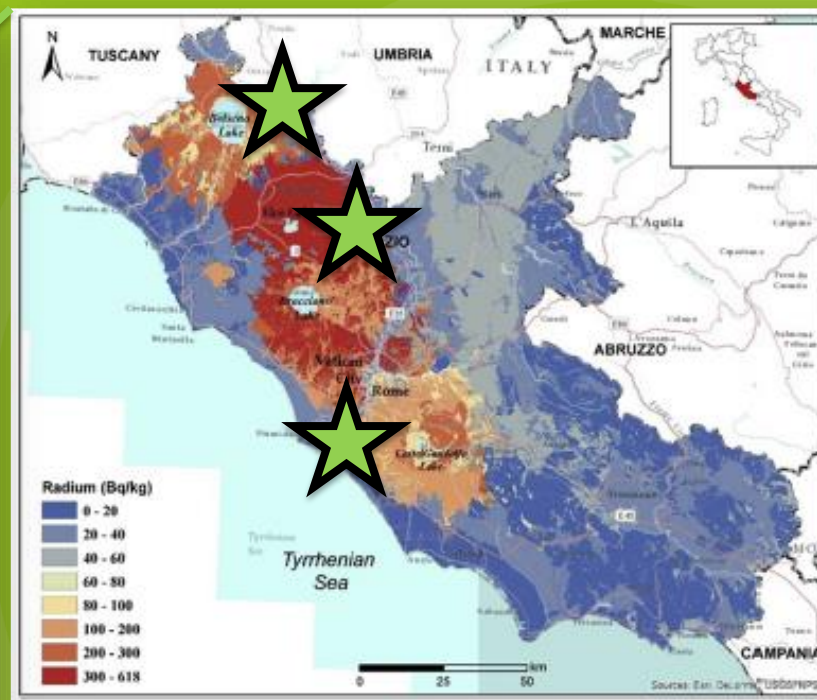
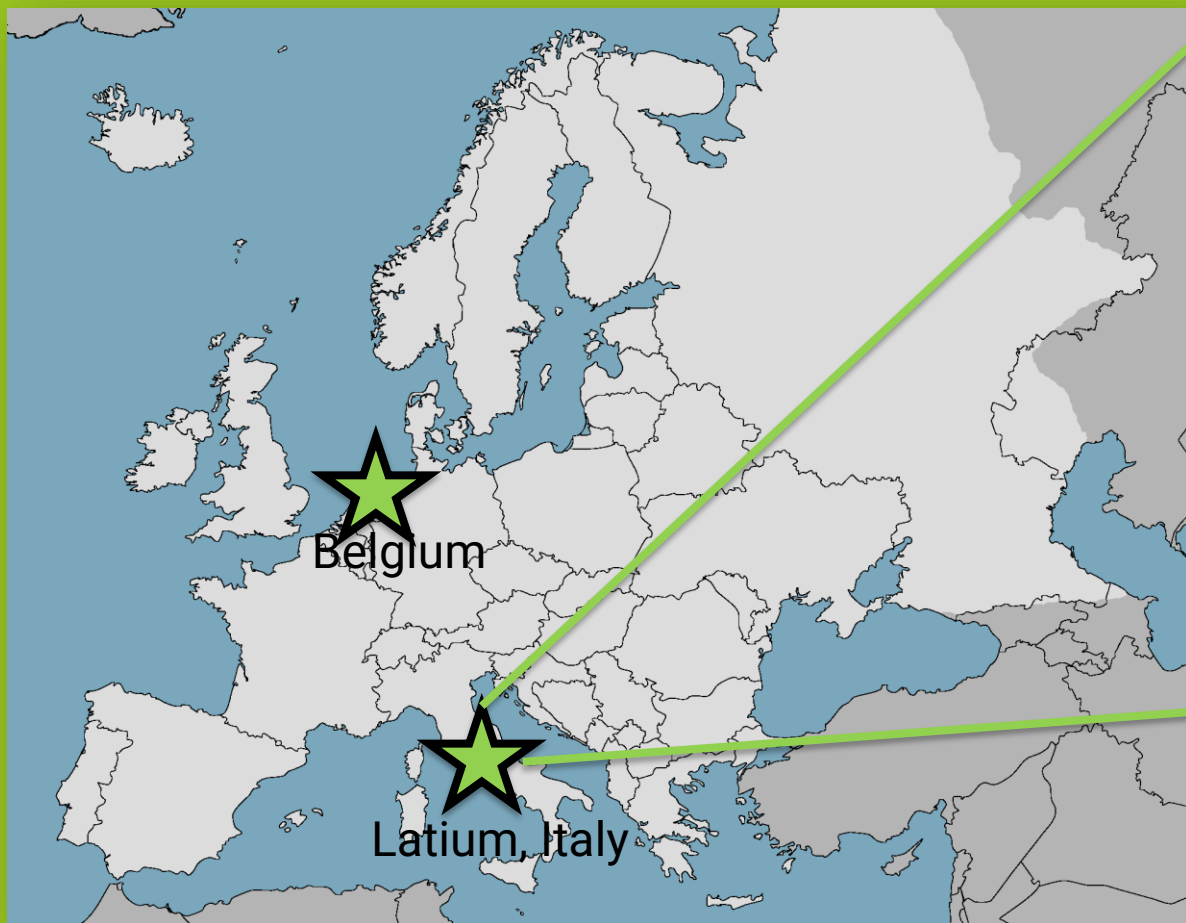
Provide local authorities with radon hazard guidelines and real-time WebGis radon maps for land use planning and health risk assessment, helping to prepare relevant national action plans (Articles 54, 74 and 103 in 2013/59/EURATOM).



RESPIRE

Radon real time
monitoring system

RESPIRE sites



Ciotoli et al, 2016

Caprarola, Celleno, Ciampino
Municipalities in Italy
Ardenne in Belgium

Preparatory actions

A1

Caprarola Site
Characterization

A2

Permissions for
Demonstration
cases
implementation

Implementation actions

B1

Prototype assembly
and tests

B2

Implementation of
demonstration cases
including remediation
measures

B3 Monitoring and
WebGis

B4

Replicability potential
evaluation and
demonstrative case in
Belgium

Monitoring of the impact of the project actions

C1

Monitoring of
project impact
indicators and
LCA

C2

Socio-economic
impact
assessment

E
Management

Public awareness and dissemination of results

D1 Dissemination
planning and
execution

D2
Networking

Site characterization (Actions A)

LIFE-RESPIRE project objectives

Site characterization represents the first result of the project.

New data on the territory of Caprarola were integrated to the already available data of Ciampino and Celleno for a complete geochemical characterization of the three sites. All the collected map are now available on the webGis on the LIFE RESPIRE Project website.

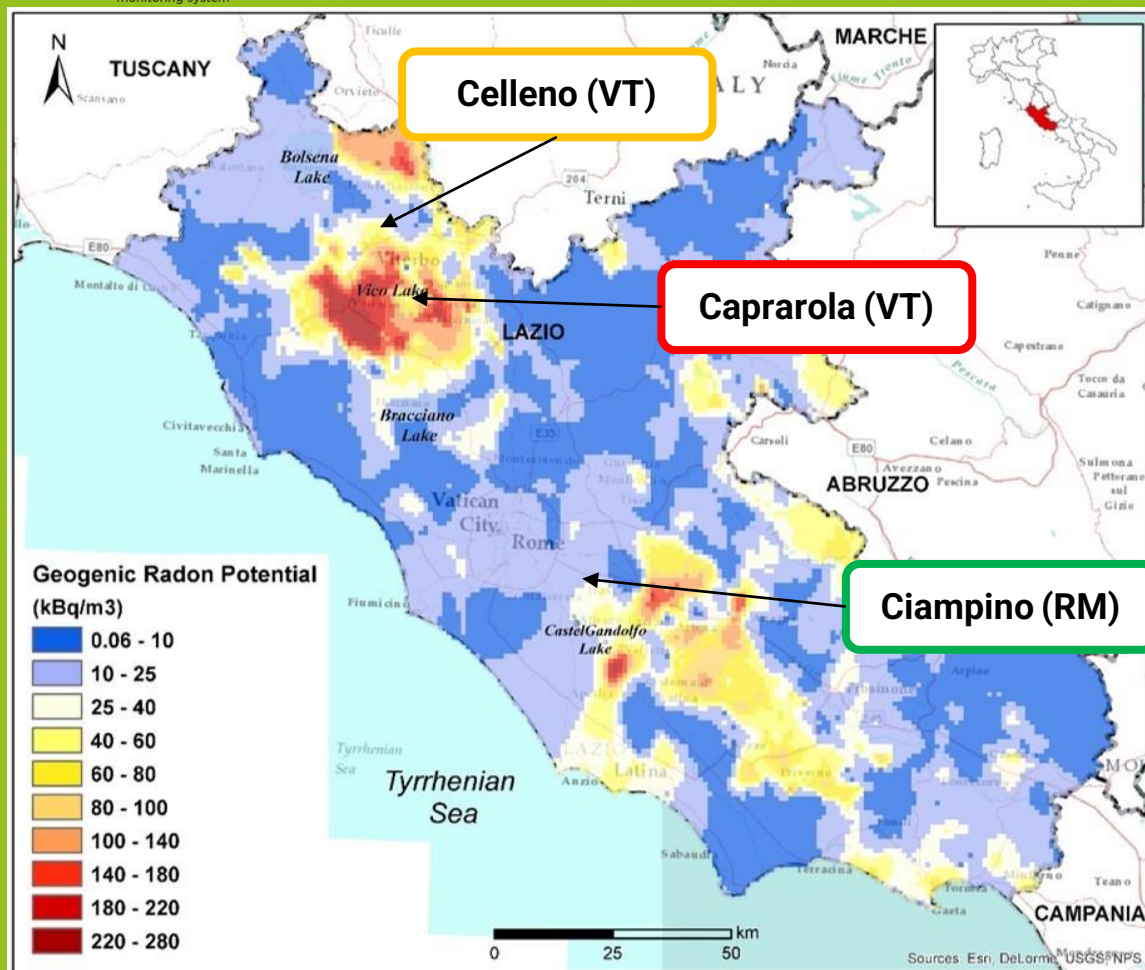
- The characterization allowed to map the Geogenic Radon Potential (GRP) and Radon Prone Areas (RPAs) in the 4 sites, in Italy and Belgium and provided an innovative tool for local Authorities for land use planning.



RESPIRE

Radon real time
monitoring system

The Geogenic Radon potential map of the Lazio region



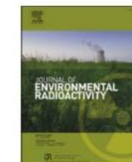
Journal of Environmental Radioactivity 166 (2017) 355–375



Contents lists available at ScienceDirect

Journal of Environmental Radioactivity

journal homepage: www.elsevier.com/locate/jenvrad



Geographically weighted regression and geostatistical techniques to construct the geogenic radon potential map of the Lazio region: A methodological proposal for the European Atlas of Natural Radiation

G. Ciotoli ^{a, b, *}, M. Voltaggio ^a, P. Tuccimei ^c, M. Soligo ^c, A. Pasculli ^d, S.E. Beaubien ^e, S. Bigi ^e



High Rn potential

Medium Rn Potential

Low Rn Potential



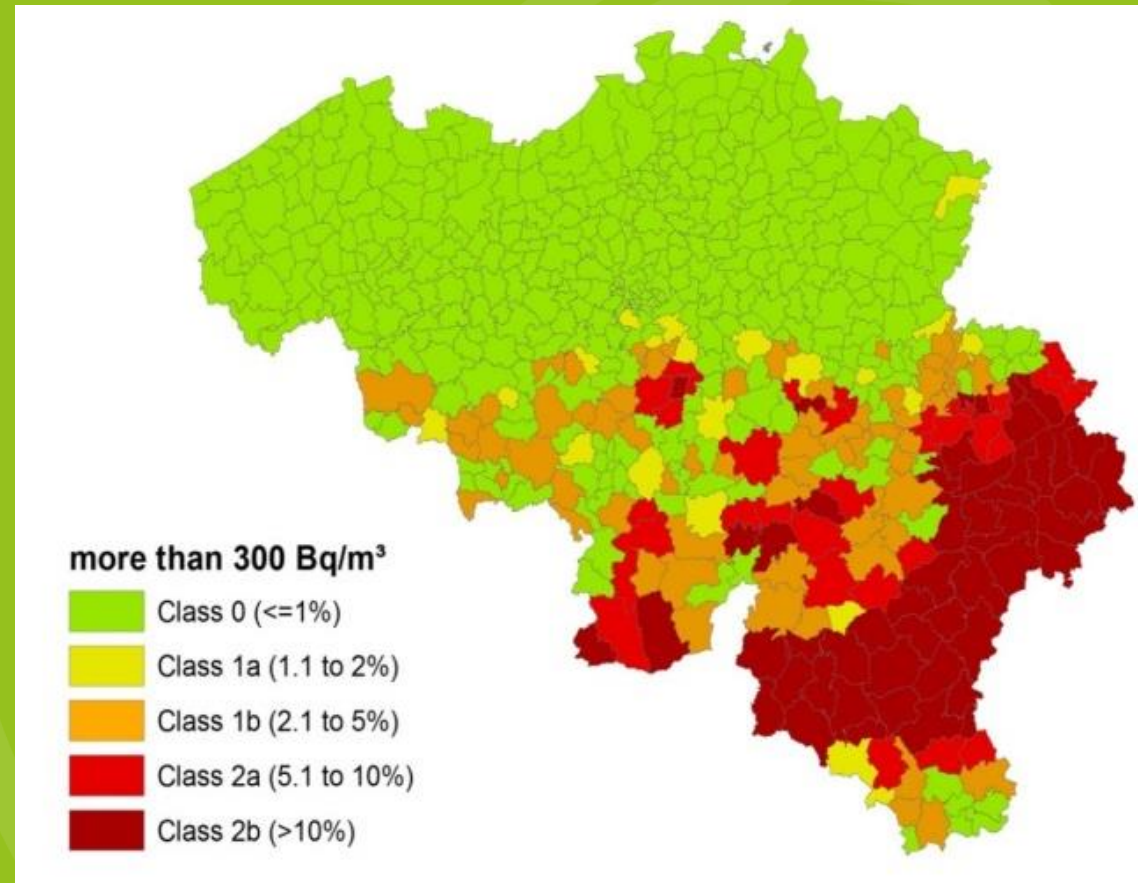
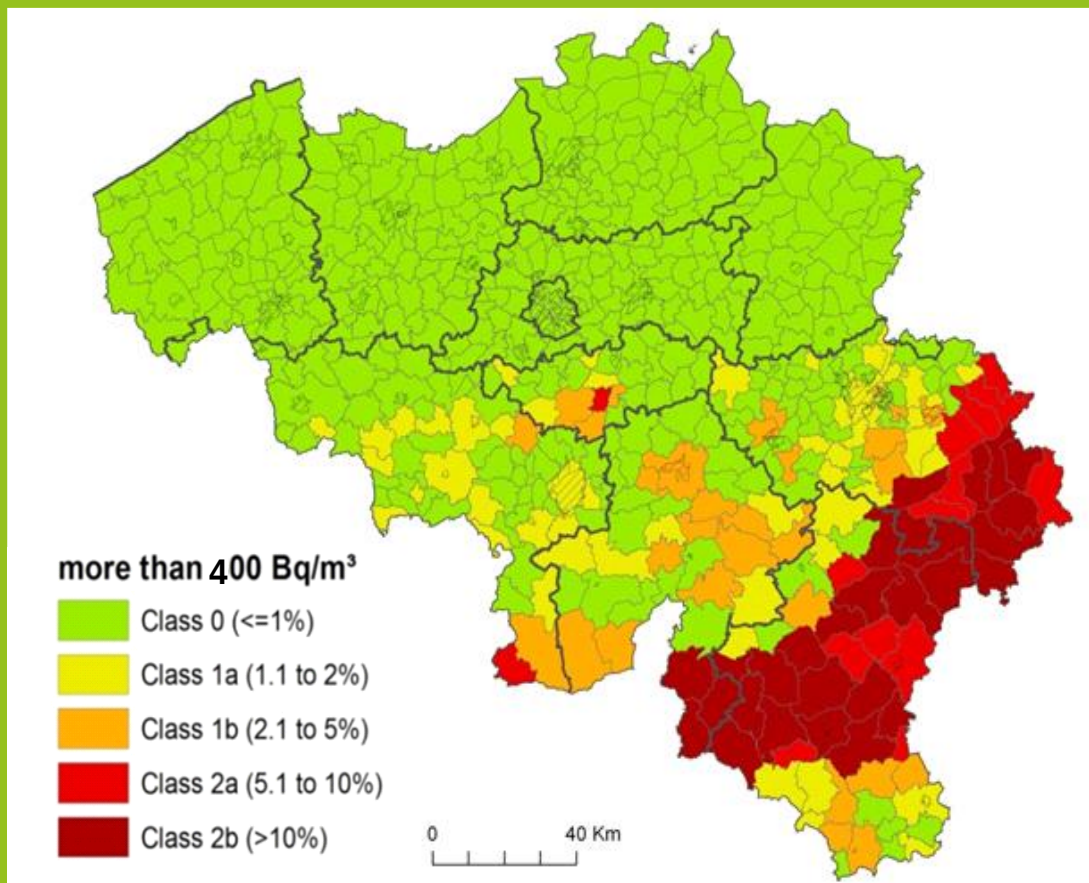
RESPIRE

Radon real time
monitoring system

Ardenne region (Belgium)



Indoor ^{222}Rn measured data (the value is calculated at municipality level)



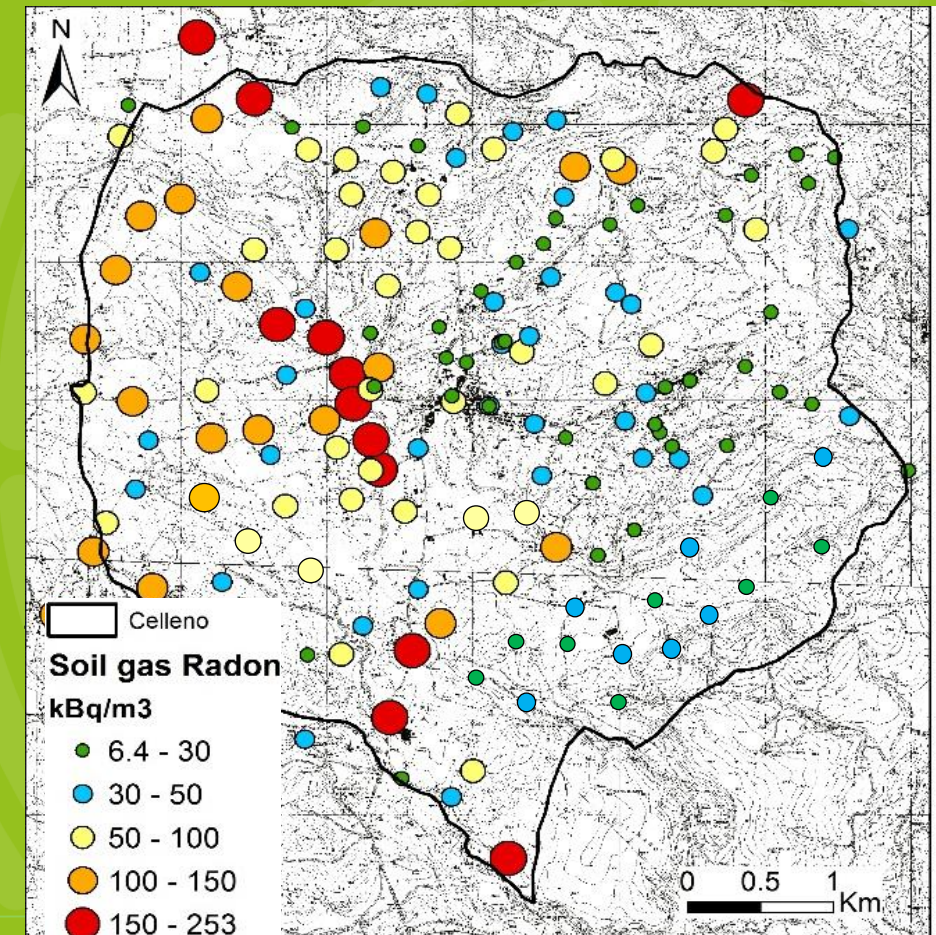
Municipality of Celleno (VT, Italy)

	Samples	Variables	Results
Soil gas (CERI, CNR-IGAG)	204	^{222}Rn , ^{220}Rn , CO_2 , O_2 , CO_2 flux	Maps of soil gas concentrations
High-resolution gamma spectrometry (CNR-IGAG)	20	activity concentrations of radionuclides ^{238}U , ^{226}Ra , ^{232}Th e ^{40}K in soil/rock samples	Maps of activity concentrations of radionuclides
Terrestrial gamma dose (CNR-IGAG)	77	TGDR	Map of terrestrial gamma dose rate
Groundwater (CERI, INGV)	17	Chemical composition of water samples (major, minor and trace elements); dissolved Rn	Dissolved Rn in groundwater
Indoor Rn (CNR-IGAG)	40 private and public dwellings	^{222}Rn	Preliminary evaluation of indoor radon levels for the selection of buildings

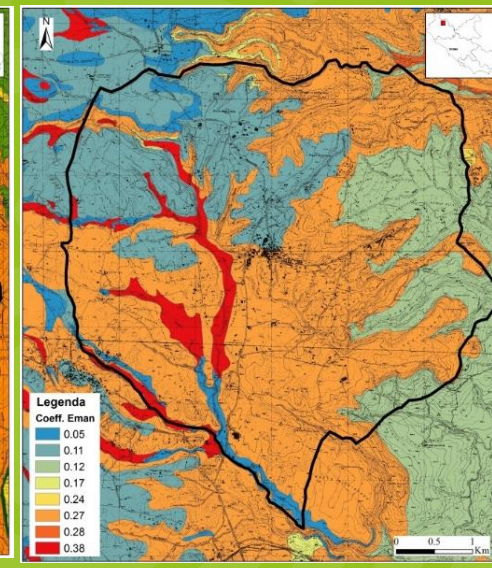
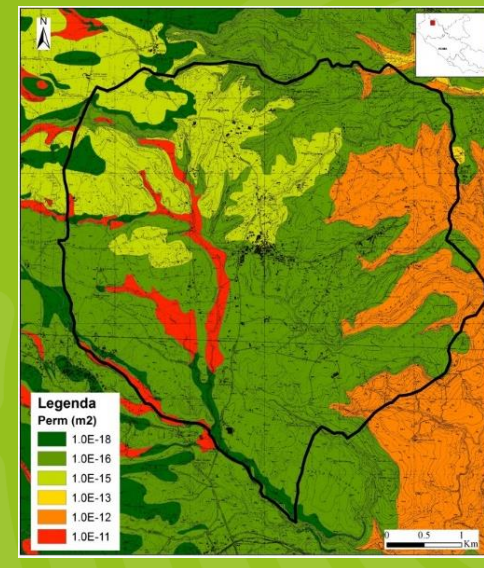
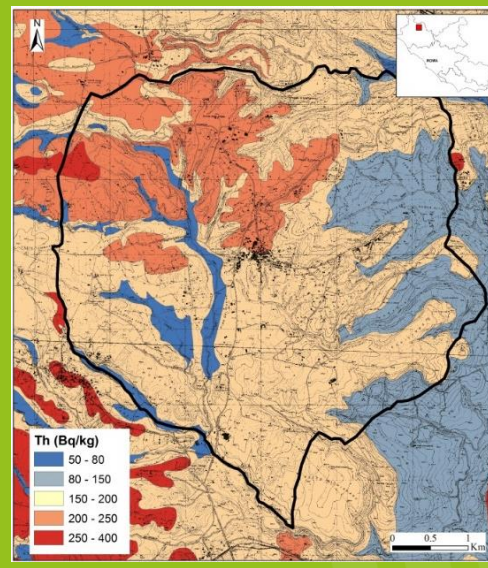
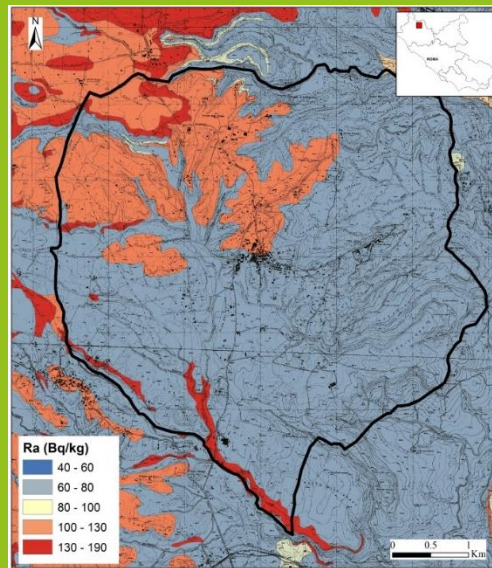
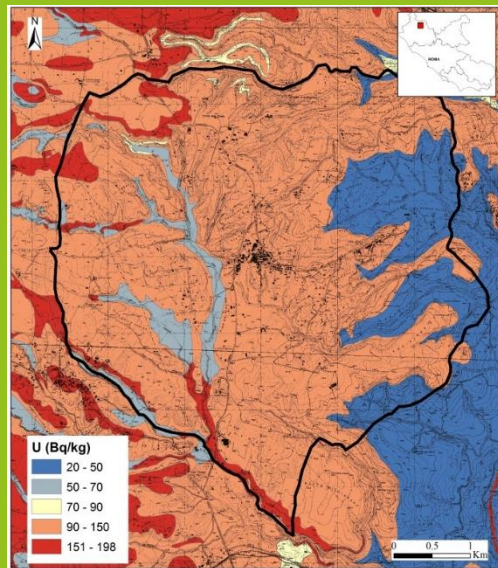
Response variable: soil gas radon

Soil gas radon samples

	N	Mean (95% CI)	Min	Max	Stdev
^{222}Rn (kBq/m³)	230	60 (52.8-66.8)	6.4	253	48.75
CO ₂ (% v/v)	230	3.3 (3.0-3.6)	0.3	11.0	2.2
TGDR (mSv/h)	80	0.229 (0.218-0.239)	0.130	0.417	0.046
^{226}Ra (Bq/kg)	20	122.2 (90.1-154.3)	46	295	68.6
^{238}U (Bq/kg)	20	124.1 (93.9-154.2)	42	281	64.3
^{232}Th (Bq/kg)	20	222.1 (186-258.2)	78	365	77.1
^{40}K (Bq/kg)	20	965.9 (716.1-1216)	299	2480	533.5
^{222}Rn Emanation	20	0.109 (0.069-0.148)	0.033	0.38	0.085
^{222}Rn flux (Bq/m ² /day)	20	6284 (4684-7883)	1866	17779	3417



Celleno (VT, central Italy) – Proxy variables



Radionuclide content (U, Ra, Th)

Permeability (m2)

Emanation coefficient

Giustini F., Ciotoli G., Rinaldini A., Ruggiero L., Voltaggio M. ¹³

Mapping the geogenic radon potential and radon risk by using Empirical Bayesian Kriging regression: a case study from a volcanic area of central Italy.

Science of Total Environment (2019)

Municipality of Ciampino (Rome, Italy)

	Samples	Variables	Results
Soil gas (CERI)	425	^{222}Rn , CO_2 , He, CH_4 , CO_2 flux	Maps of soil gas concentrations
High-resolution gamma spectrometry	Data from literature	^{238}U , ^{226}Ra , ^{232}Th	Maps of activity concentrations of radionuclides
Groundwater (INGV)	86	T, pH, redox potential and alkalinity; dissolved Rn and CO_2	Dissolved Rn in groundwater
Indoor Rn (INGV)	67 private and public dwellings	^{222}Rn	Preliminary evaluation of indoor radon levels for the selection of buildings



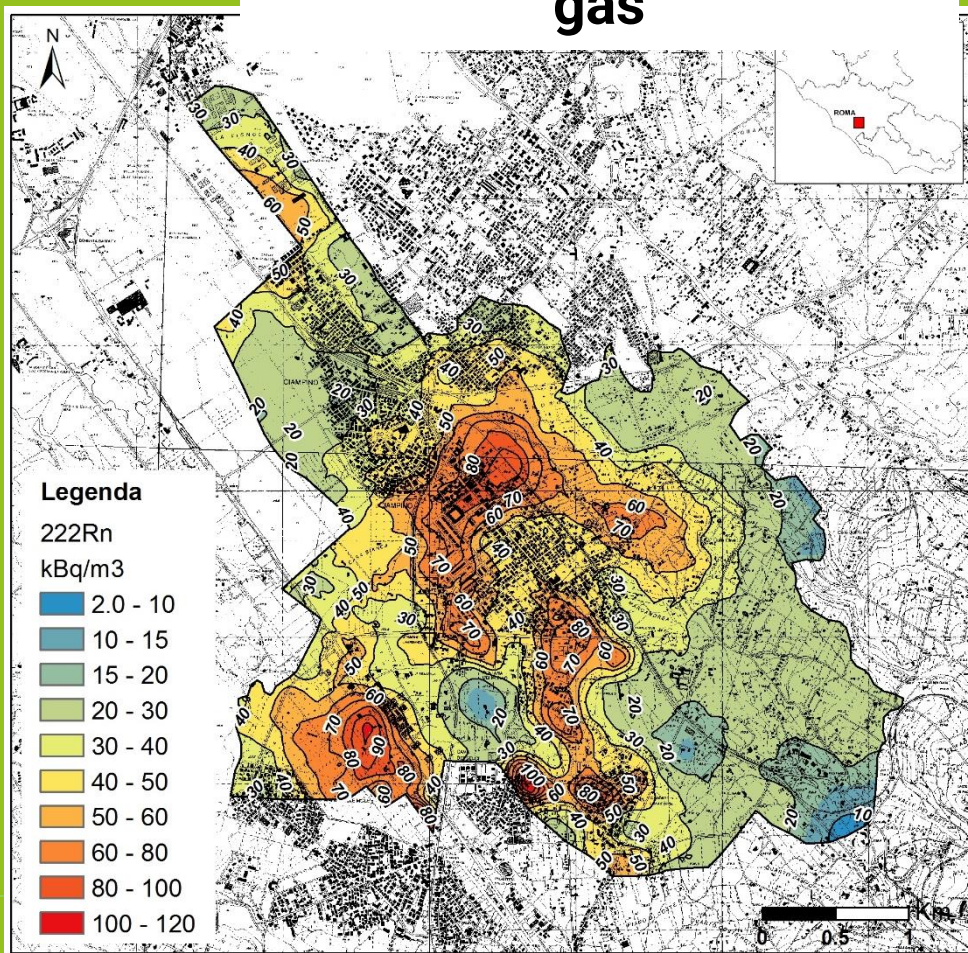
RESPIRE

Radon real time
monitoring system

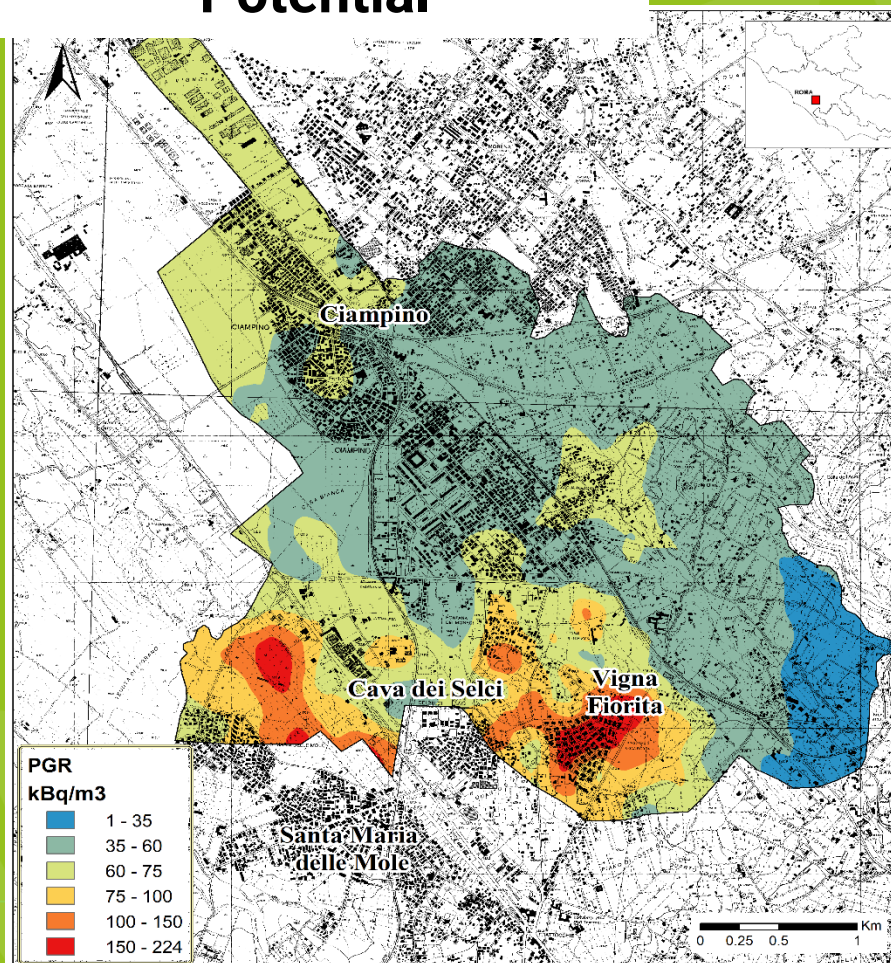
Comune di Ciampino (Roma, Italia)



Rn concentration in soil gas



Geogenic Radon Potential



Municipality of Caprarola (~ 50 km²)

Survey	Samples	Variables	Results
Soil gas (CERI, IGAG)	181	²²² Rn, ²²⁰ Rn, CO ₂ , O ₂ , flusso di CO ₂	Maps of soil gas concentrations
Soil permeability (CERI with University of ROMA TRE - Prof.ssa P. Tuccimei)	181	Permeability	Map of soil permeability
• High-resolution gamma spectrometry (IGAG) • Terrestrial gamma dose (IGAG) • Gamma Indoor (IGAG)	19 187 117	Activity concentrations of radionuclides ²³⁸ U, ²²⁶ Ra, ²³² Th e ⁴⁰ K in soil/rock samples, emanation coefficient, TGDR	Maps of activity concentrations of radionuclides Map of terrestrial gamma dose rate
Groundwater (CERI, INGV)	38	Chemical composition of water samples (major, minor and trace elements); dissolved Rn	Dissolved Rn in groundwater
Indoor Rn (CERI, INGV, IGAG)	80 (34 public and private sites)	²²² Rn	Preliminary evaluation of indoor radon levels for the selection of buildings

Field surveys and laboratory analysis

Soil gas sampling (181 sites)

Measurements in the field of CO₂, O₂, CH₄, H₂, H₂S concentrations, ²²²Rn, ²²⁰Rn, CO₂ flux and soil permeability

Collection of soil and rock samples in order to determine the activity concentrations of radionuclides ²³⁸U, ²²⁶Ra, ²³²Th and ⁴⁰K

Laboratory measurements of CO₂, N₂, O₂, He, Ne, CH₄ concentrations



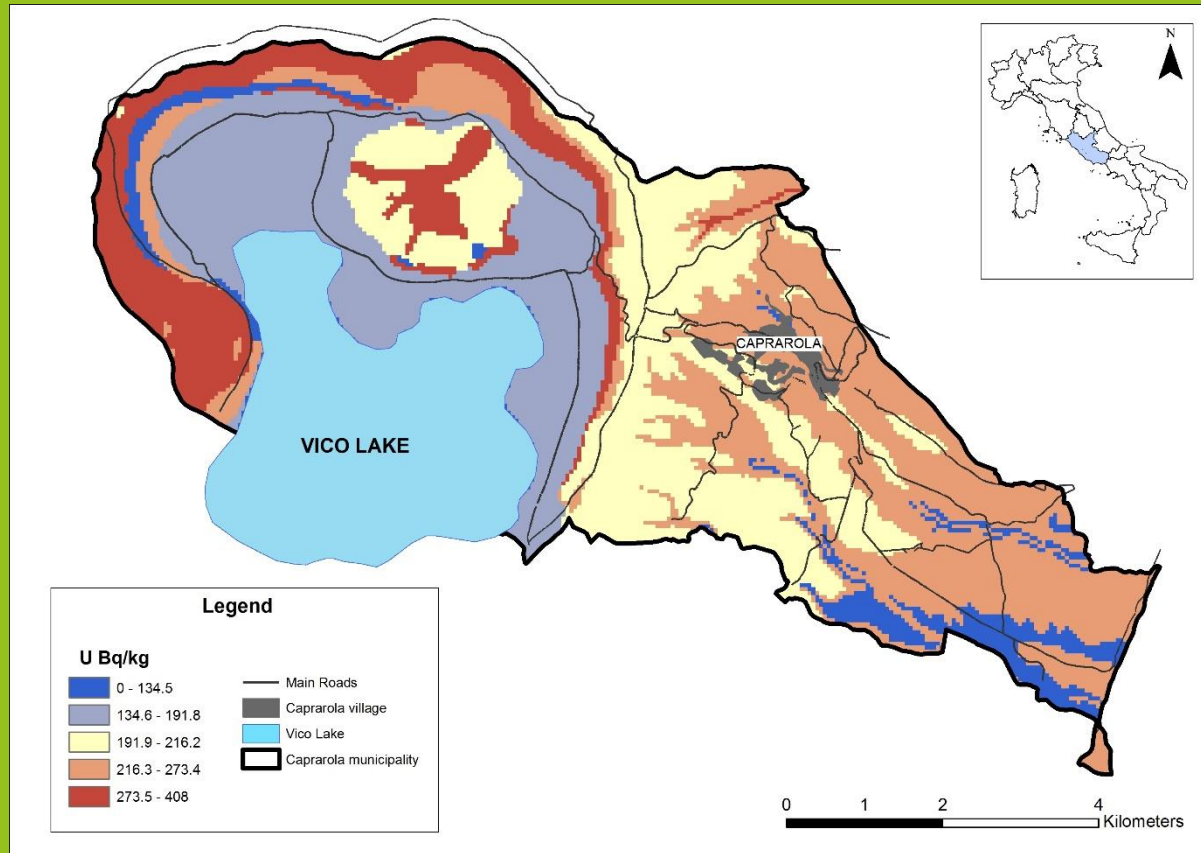


RESPIRE

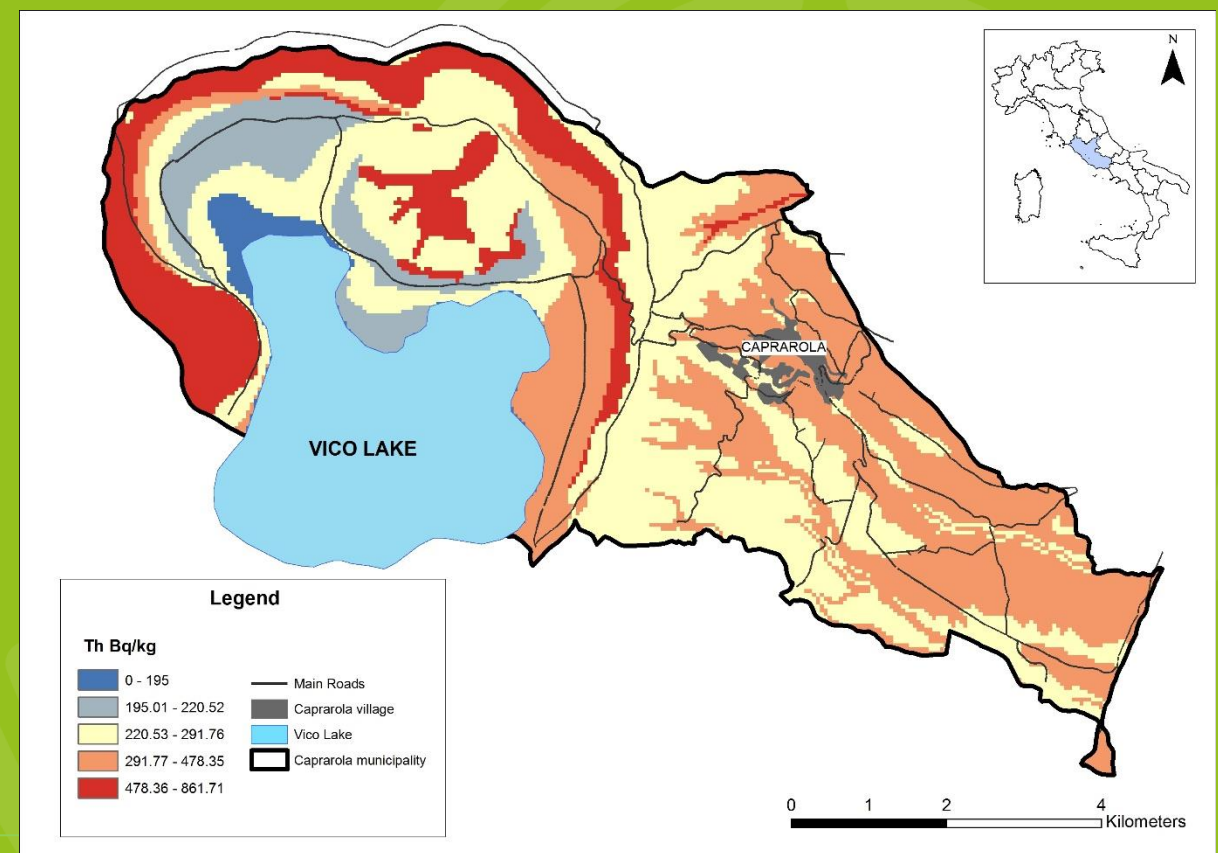


Proxy Variables

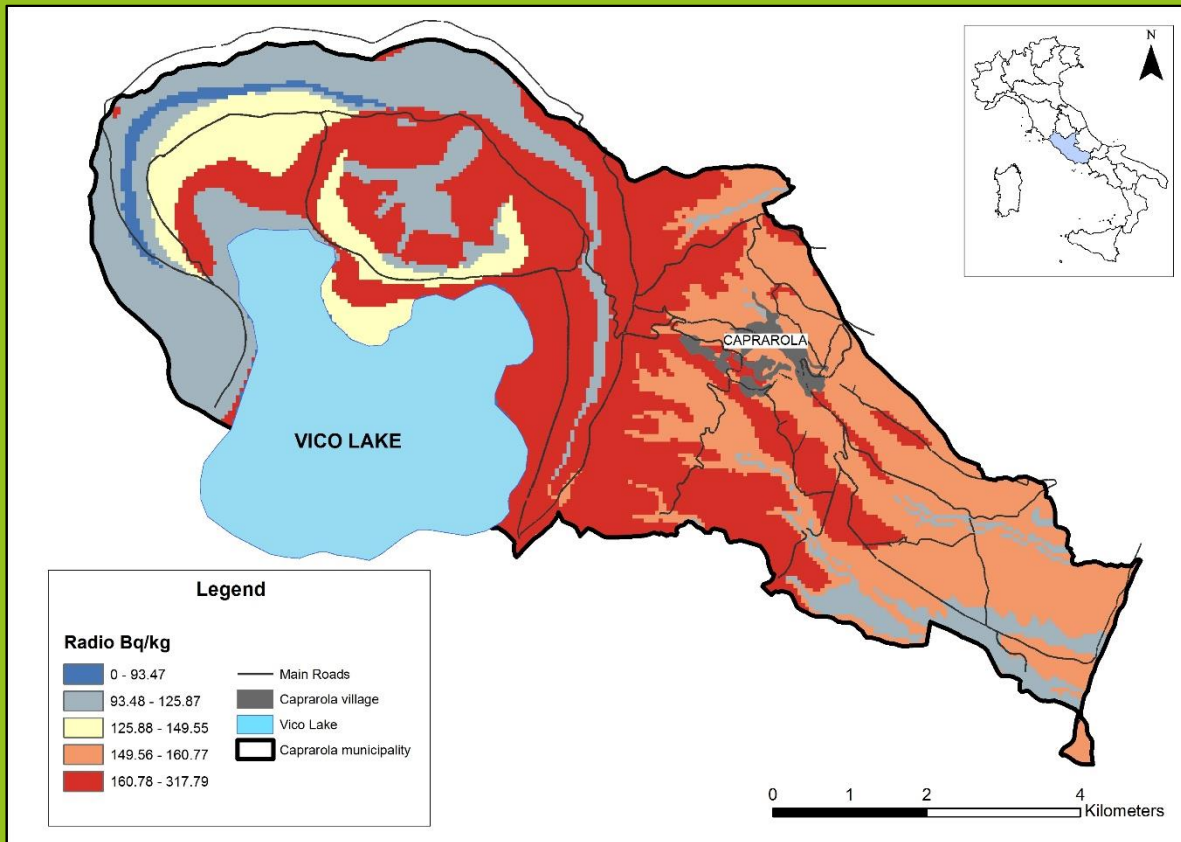
Map of the Uranium content in the different lithologies



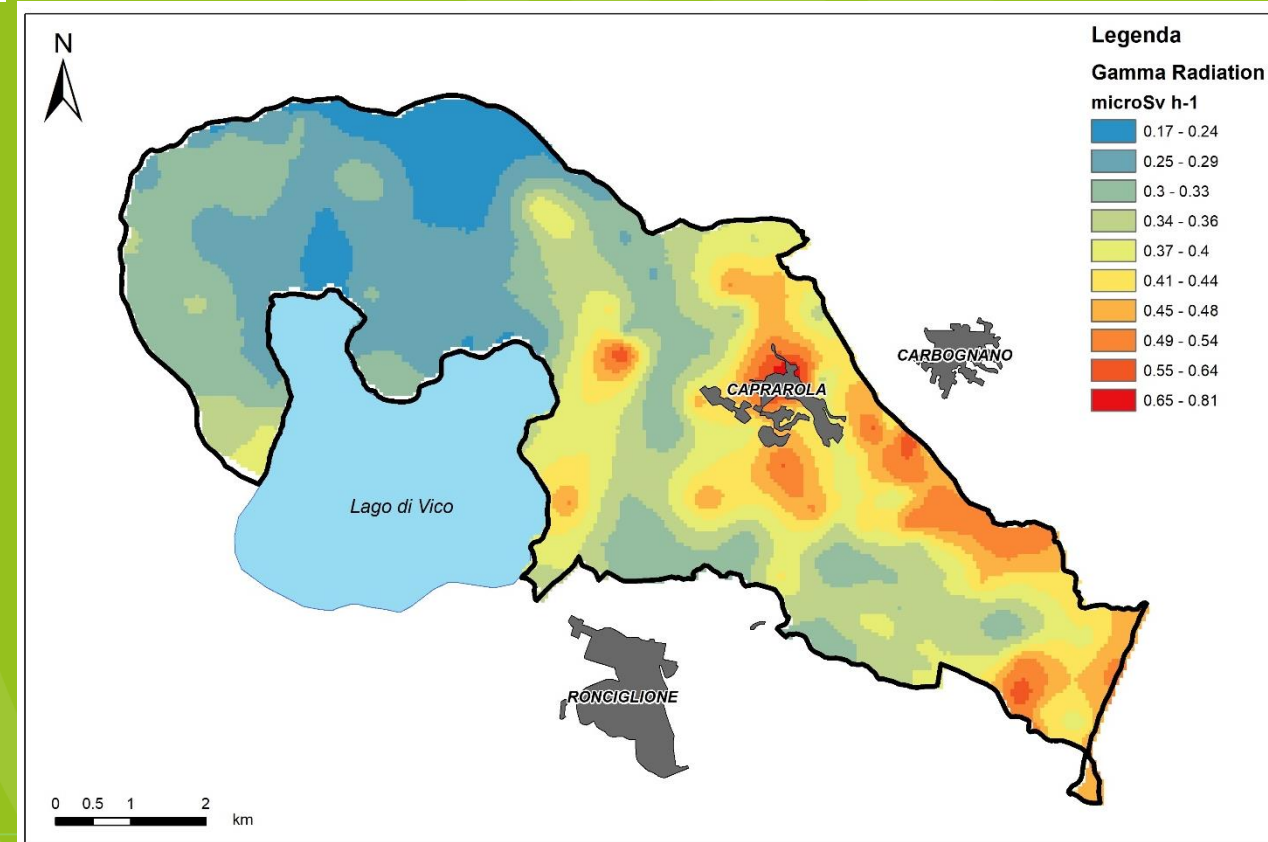
Map of the Thorium content in the different lithologies



Map of the Radio content in the different lithologies



Map of the terrestrial gamma dose rate



Groundwater

19 water samples were collected from 2 springs and 17 domestic and agricultural wells; Water temperature, pH, electrical conductivity, alkalinity were determined in situ; Major anions and cations (Ca, Mg, K, Na, Cl, SO₄), minor and trace elements (Al, B, Ba, SiO₂, Li, Fe, Mn, U, As and Sr) were measured to determine the levels of natural contaminants; Stable isotopes of C (to identify the source of dissolved CO₂), O e H (to determine the origin of water); Analysis of dissolved gases (CO₂, N₂, O₂, He, Ne, CH₄, H₂); Analysis of dissolved radon.



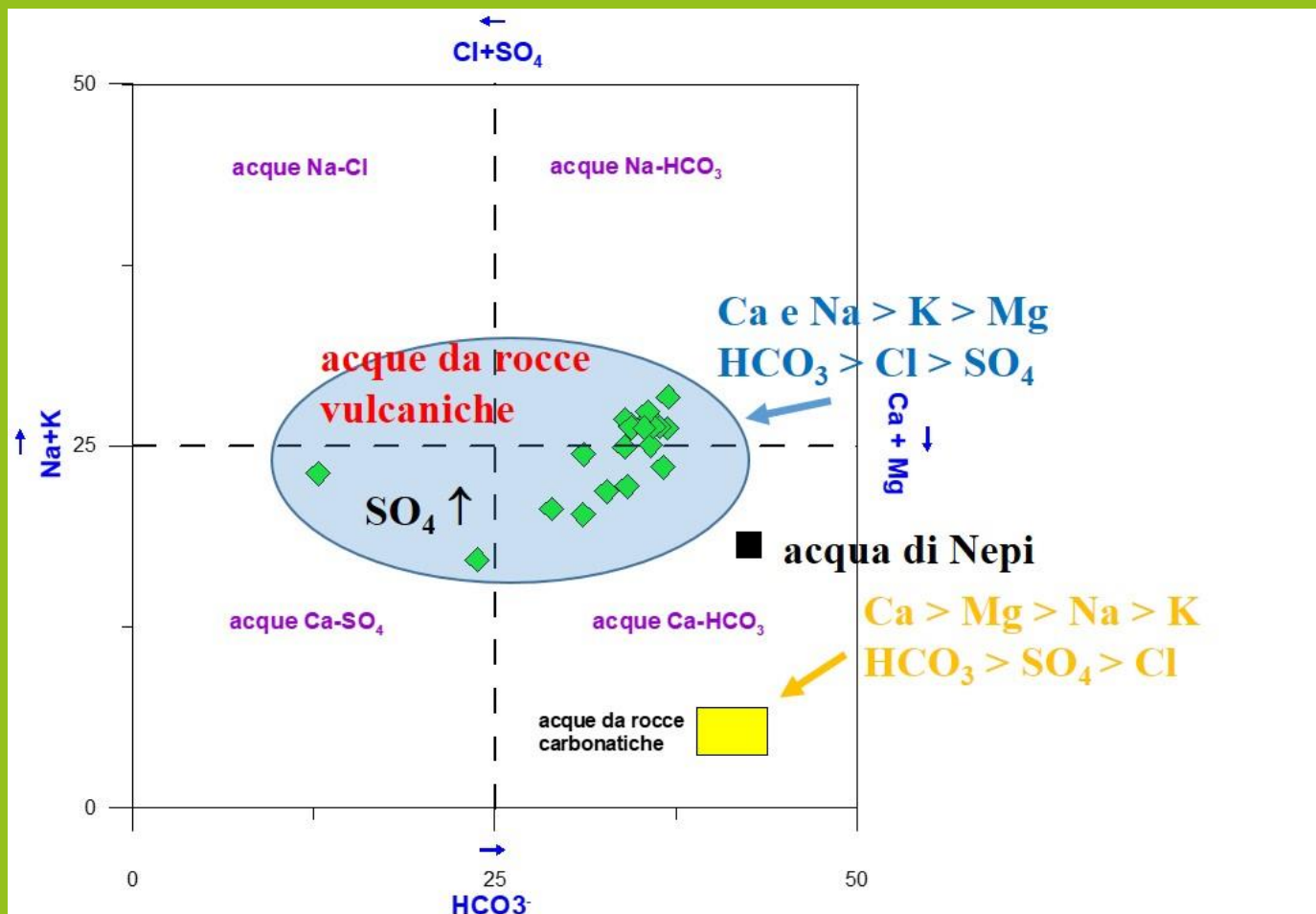


RESPIRE

Radon real time
monitoring system

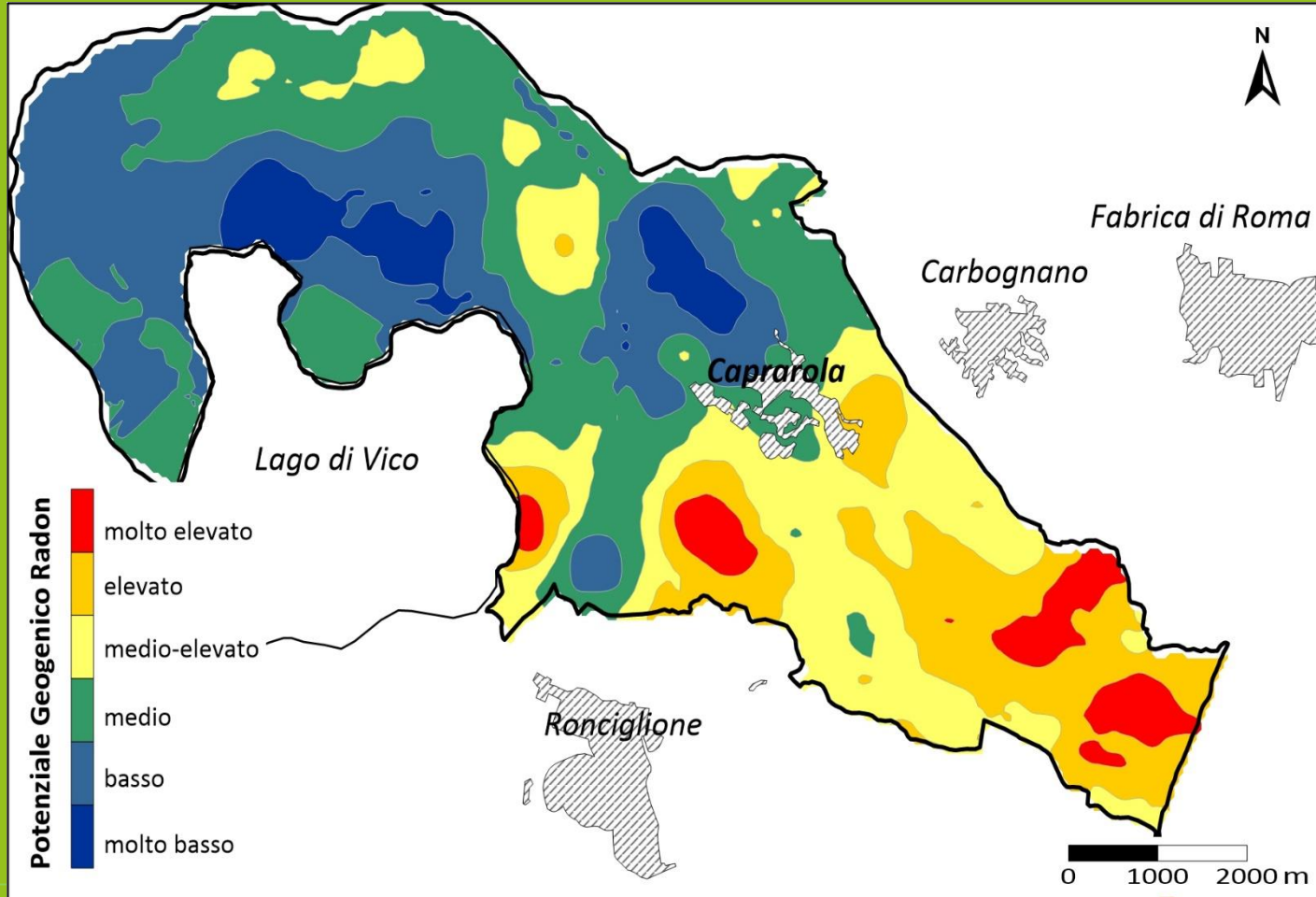


Groundwater chemistry



Groundwaters display low salinity and pH from slightly basic to slightly acid (from 6.5 to 7.5); their temperatures range between 9 and 16°C. Groundwaters interact with volcanic rocks and result enriched in Na e K.

Municipality of Caprarola (VT, Italy)



**Map of Geogenic Radon
Potential of the Caprarola
municipality**



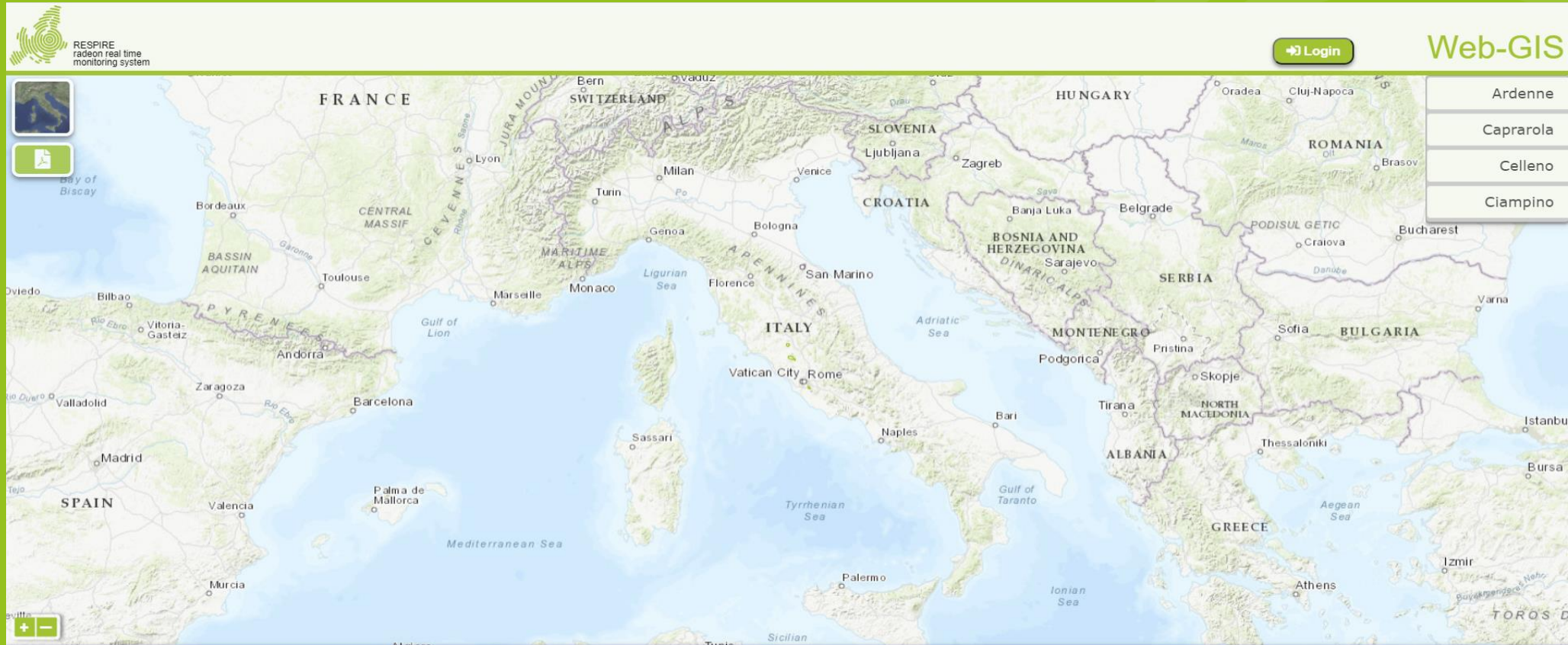
RESPIRE

Radon real time
monitoring system



Web-GIS: Interface

<http://www.liferespire.eu/webgis/>



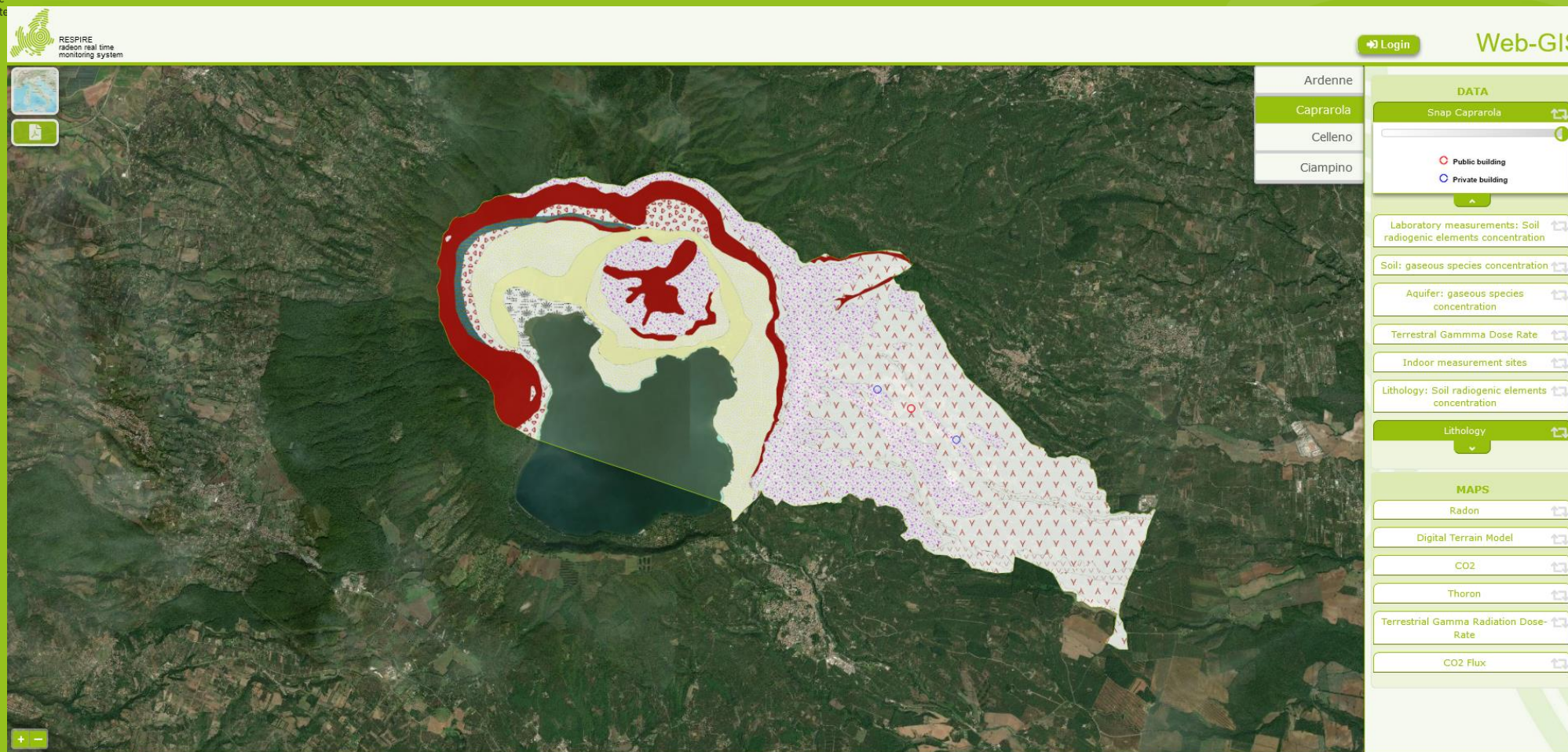
Copyright © 2018, RESPIRE - Radon rEal time monitoring System and Proactive Indoor Remediation



RESPIRE

radon real time
monitoring system

Web-GIS: Interface

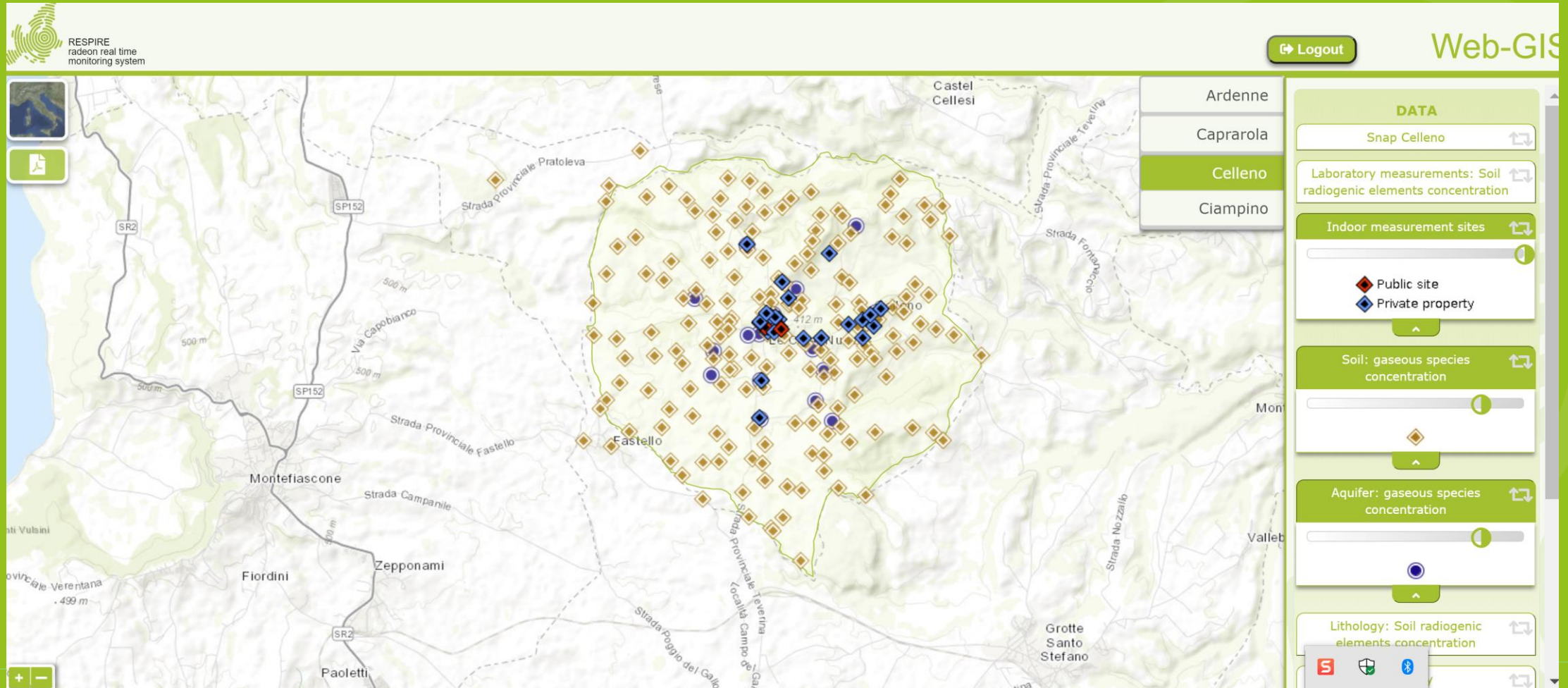




RESPIRE

radon real time
monitoring system

Web-GIS: Interface-Functions

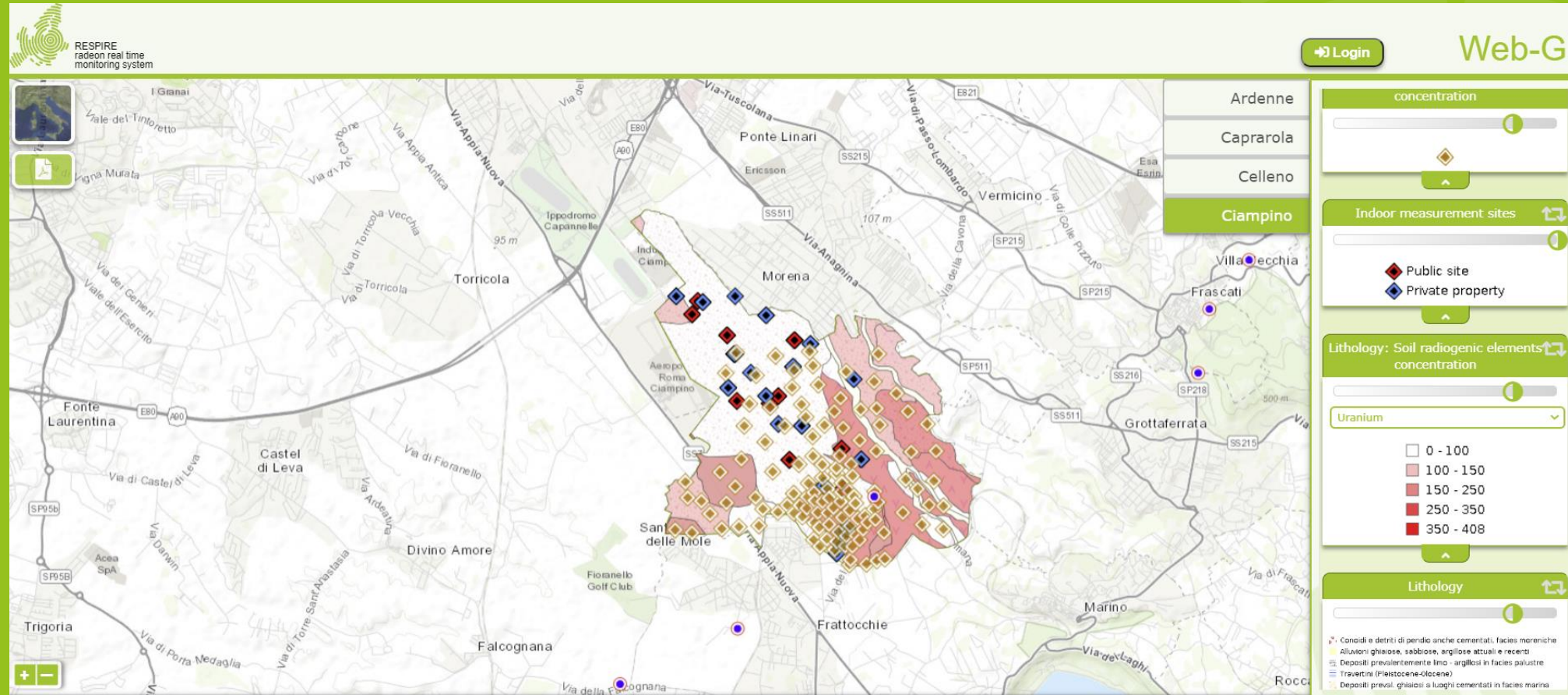




RESPIRE

radon real time
monitoring system

Web-GIS: Interface-Functions

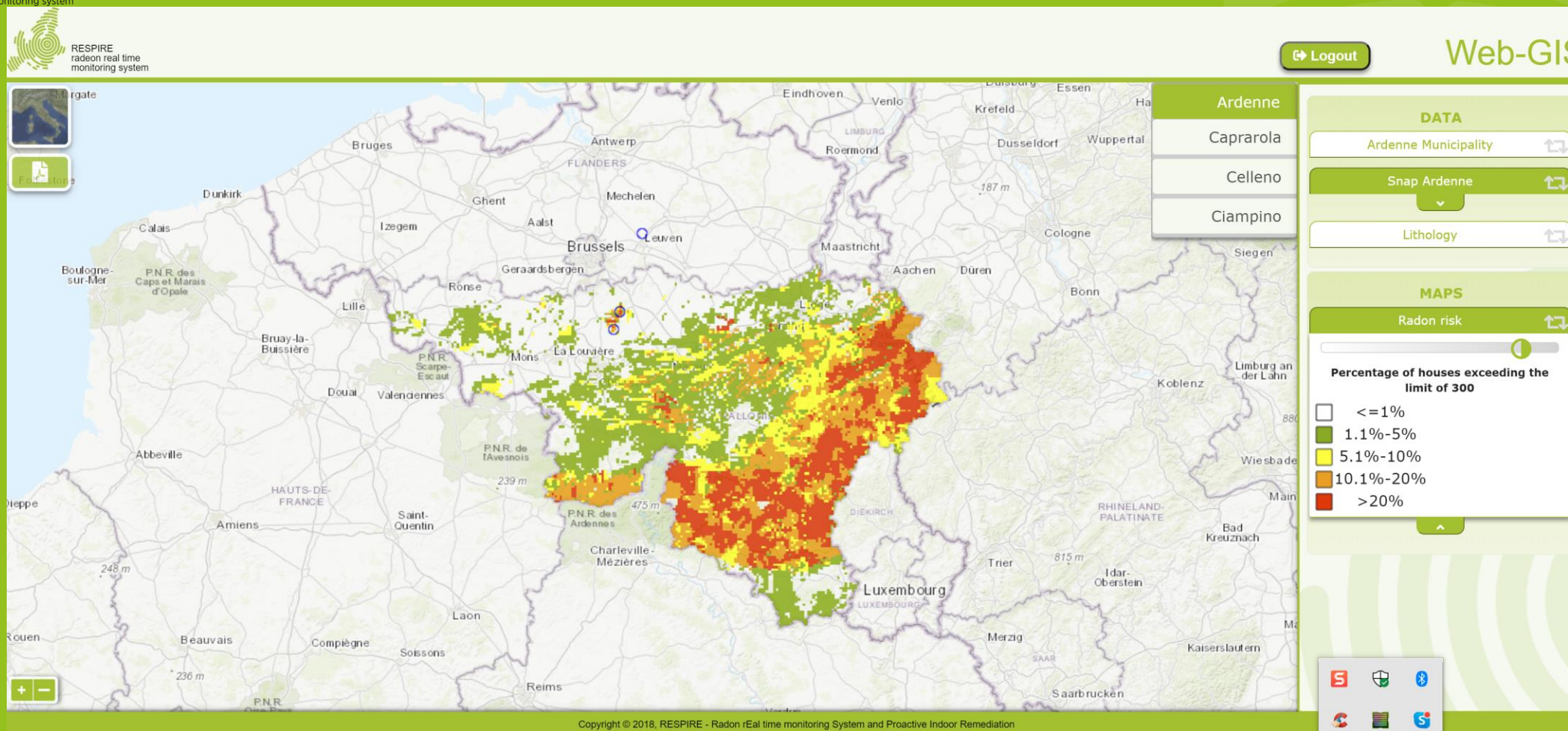




RESPIRE

radon real time
monitoring system

Web-GIS: Interface-Functions



Monitoring (short and long term) (Action B)

radon indoor measurement techniques

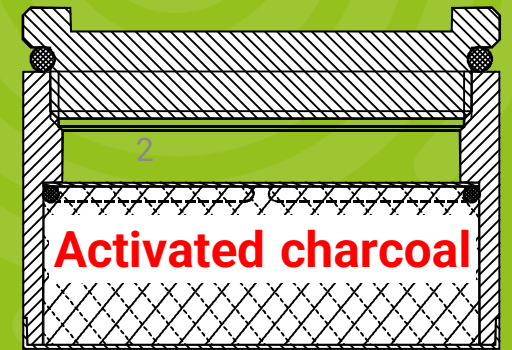
PASSIVE Detectors

Track-etch. Suitable for prolonged exposition (**months**). Their employment fulfils European Directive 2013/59 Euratom of 5/12/2013 that European countries must transpose before 6/2/2018



Activated charcoal canisters.

Suitable for short exposition (**48h**), activity measurements in laboratory by means of γ spectrometry





RESPIRE

Radon real time
monitoring system



Indoor radon long-term passive monitoring at Caprarola, Celleno and Ciampino municipalities

In the period from 15th November to 7th December 2018, long-term indoor radon surveys by using passive detectors (Radosys RSK) were carried out in public and private buildings of the Municipality of Caprarola, Celleno (VT) and Ciampino (RM) municipalities.



In the 3 municipalities involved in the Respire project, after a campaign of awareness and information to citizens, it was offered the opportunity to participate in the monitoring of indoor radon in their homes for free.



Indoor radon long-term passive monitoring at Caprarola, Celleno and Ciampino municipalities

This initiative was successful and dosimeters were placed in almost **150** private homes and **18 public buildings**, including 12 schools:

- **Caprarola: 100 private and 5 public buildings;**
- **Ciampino: 19 private and 11 public buildings;**
- **Celleno: 22 private and 2 public buildings.**

The surveys was replicated in the same buildings during the spring-summer period, in order to have a wide spectrum of measurement values and to highlight a possible seasonality in the variation of the average values of the indoor radon concentration.

RESULTS were communicated directly to each private owner by mail or by paper letter, including in the text some advices and suggestion about remediation actions (taking as reference the legislation).



Oggetto:

Progetto Life RESPIRE

MISURA DI CONCENTRAZIONE DI RADON IN ARIA

Destinatario: [REDACTED]

Gentile [REDACTED]

desideriamo prima di tutto ringraziarla per aver partecipato al progetto di ricerca Life RESPIRE, aiutandoci ad aumentare le nostre conoscenze circa la presenza del radon nelle abitazioni della zona.

I dati rilevati hanno evidenziato che circa l'8% delle abitazioni monitorate presenta una media annuale con valori inferiori a 150Bq, il 25% presenta valori tra 100 e 300 Bq, il 32% presenta valori tra 300 e 500 Bq, e il 35% presenta valori superiori a 500 Bq.

Con questa lettera le inviamo i risultati del monitoraggio effettuato presso la sua abitazione.

Il valore medio annuale della concentrazione di radon nella sua abitazione di via Nicolai è 425 Bq/m³ e in quella di via Roma è di 607. Più in dettaglio:

Luogo di esposizione	Periodo esposizione	Data inizio esposizione	Data fine esposizione	Concentrazione radon (Bq/m ³)
Via Nicolai	Invernale	16/11/2018	14/02/2019	346
Via Nicolai	Estivo	03/07/2019	24/09/2019	505
Via Roma	Invernale	16/11/2018	14/02/2019	1032
Via Roma	Estivo	03/07/2019	24/09/2019	183

Si tratta di valori che, come può vedere nella tabella qui sotto, richiedono una certa attenzione nella gestione quotidiana della casa.

Valori rilevati	Azioni da compiere
Valori inferiori a 100 Bq/m ³	Condizione ottimale, arieggiare normalmente i locali
Valori compresi tra 100 e 300 Bq/m ³	Condizione buona, a scopo precauzionale arieggiare i locali per mantenere i valori al di sotto dei 100 Bq/m ³
Valori compresi tra 300 e 500 Bq/m ³	Condizione limite, arieggiare il più possibile il/i locale/i interessato/i, in particolar modo durante il periodo invernale

Valori superiori a 500 Bq/m ³	Condizione di attenzione che richiede l'intervento di tecnici specializzati
--	---

Il monitoraggio annuale della concentrazione di radon all'interno della sua abitazione è stato effettuato con dosimetri del tipo CR-39 della Radosys.

Le analisi dei dosimetri sono state realizzate con un sistema di lettura automatico. Il laboratorio dove sono state eseguite le letture dei dosimetri impiegati per questo progetto non ha una certificazione specifica, quindi il dato finale è da considerarsi indicativo e inerente al progetto di ricerca LIFE RESPIRE.

La Direttiva 2013/59/EURATOM stabilisce un livello di riferimento per la media annua della concentrazione di radon in ambienti chiusi (abitazioni private e strutture pubbliche), pari a 300 Bq/m³ (art. 74 2013/59/EURATOM):

a) se il dato medio annuo ottenuto da questo monitoraggio è inferiore a 300 Bq/m³ non si prevede alcuna azione di intervento;

b) se il dato medio annuo ottenuto da questo monitoraggio è compreso tra 300 e 500 Bq/m³, si consiglia di areare il più possibile il locale interessato dalla misura in particolar modo durante il periodo invernale.

c) se il dato medio annuo ottenuto da questo monitoraggio è superiore a 500 Bq/m³, si consiglia di intraprendere delle azioni di rimedio, volte a migliorare la qualità dell'aria negli ambienti, con il supporto di un tecnico qualificato che suggerisca quale azione di rimedio sia più appropriata per risolvere la problematica. A titolo di esempio, alcune azioni di rimedio potrebbero essere: la depressurizzazione del suolo, realizzando sotto o accanto all'edificio un pozzetto per la raccolta del radon, collegato a un ventilatore; la pressurizzazione dell'edificio, immettendo aria dall'esterno; l'impermeabilizzazione del pavimento e la sigillatura di crepe e fessure; l'isolamento delle porte comunicanti con le cantine.

In ogni caso, l'areazione dei locali è il metodo più veloce e efficace per diminuire la concentrazione del radon negli ambienti chiusi, sebbene soprattutto in inverno ciò comporti una dispersione di calore. **Al fine di arieggiare correttamente i locali, si consiglia di aprire le finestre almeno tre volte al giorno per dieci minuti, iniziando dai locali posti ai livelli più bassi; al contrario, la chiusura delle finestre deve iniziare dai piani più alti, per limitare l'effetto "camino".**

Grazie per la vostra partecipazione al progetto LIFE RESPIRE.

Con i più cordiali saluti da parte di tutto il team

Prof.ssa Sabina Bigi

Coordinatrice progetto Life RESPIRE



Long term survey: Dosimeter (Track-etches)



CIAMPINO	Mean	Median	Min	Max	Lower Quartile	Upper Quartile	Dev. Std.
Rn (Bq/m ³)	362	209	74	1575	129	434	329

77 Rn indoor measurements: **19 private dwellings** and **11** in **public buildings**

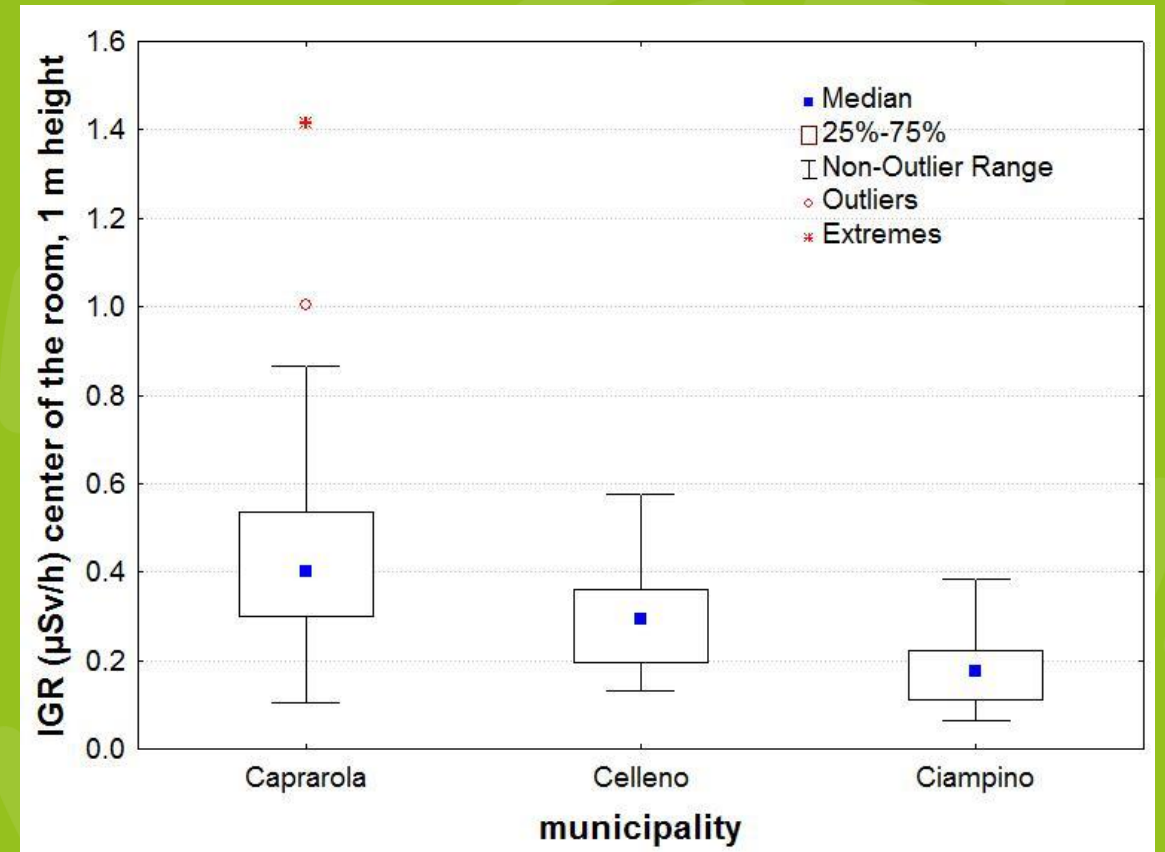
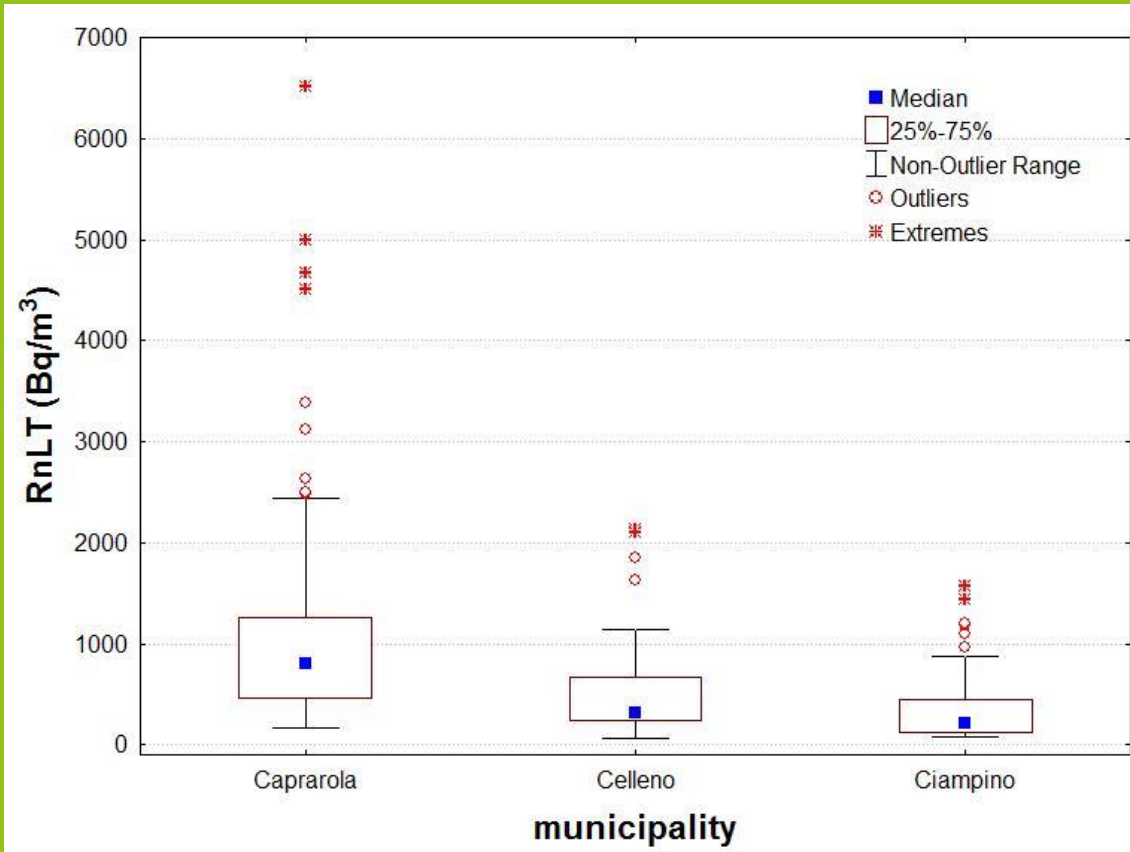
CELLENO	Mean	Median	Min	Max	Lower Quartile	Upper Quartile	Dev. Std.
Rn (Bq/m ³)	557	360	57	2126	250	684	529

80 Rn indoor measurements: **22 private dwellings** and **3** **public buildings**

CAPRAROLA	Mean	Median	Min	Max	Lower Quartile	Upper Quartile	Dev. Std.
Rn (Bq/m ³)	962	696	89	5682	236	1246	969

178 Rn indoor measurements: **94 private dwellings** and **5** **public buildings**

Long-term survey



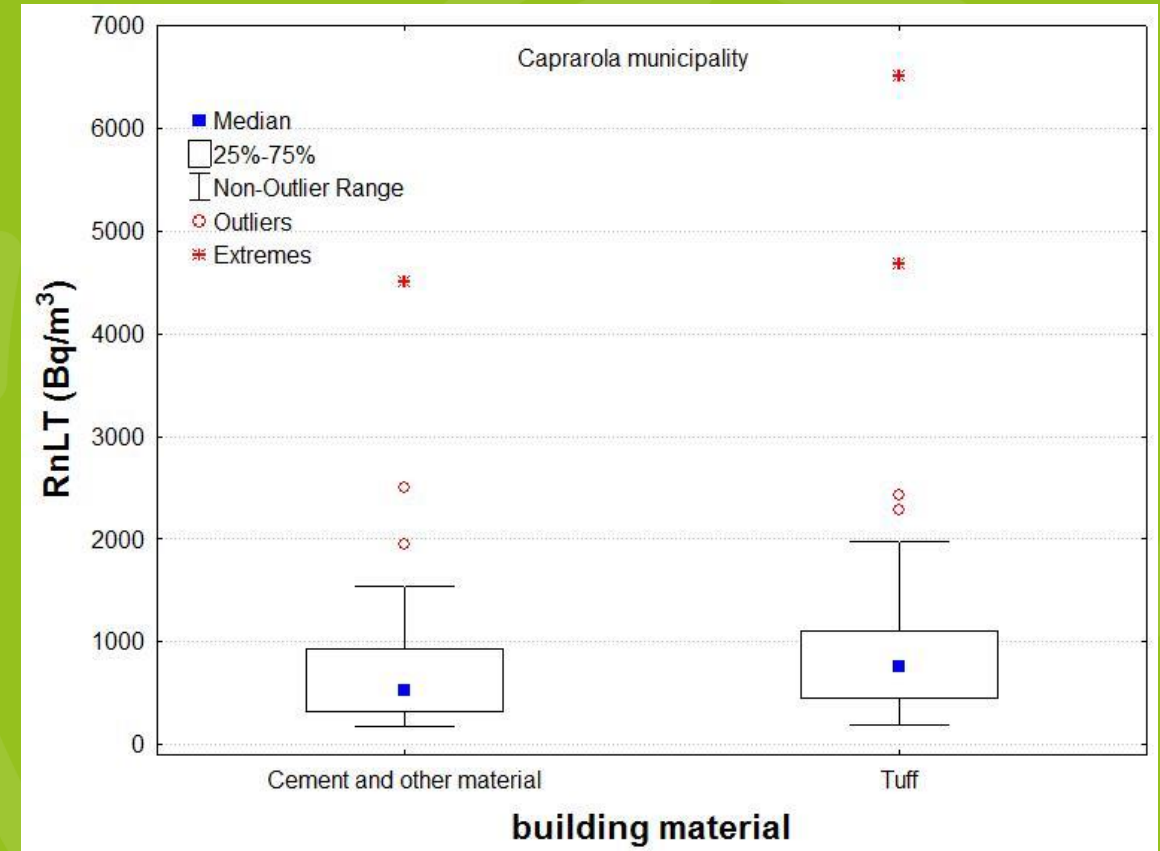
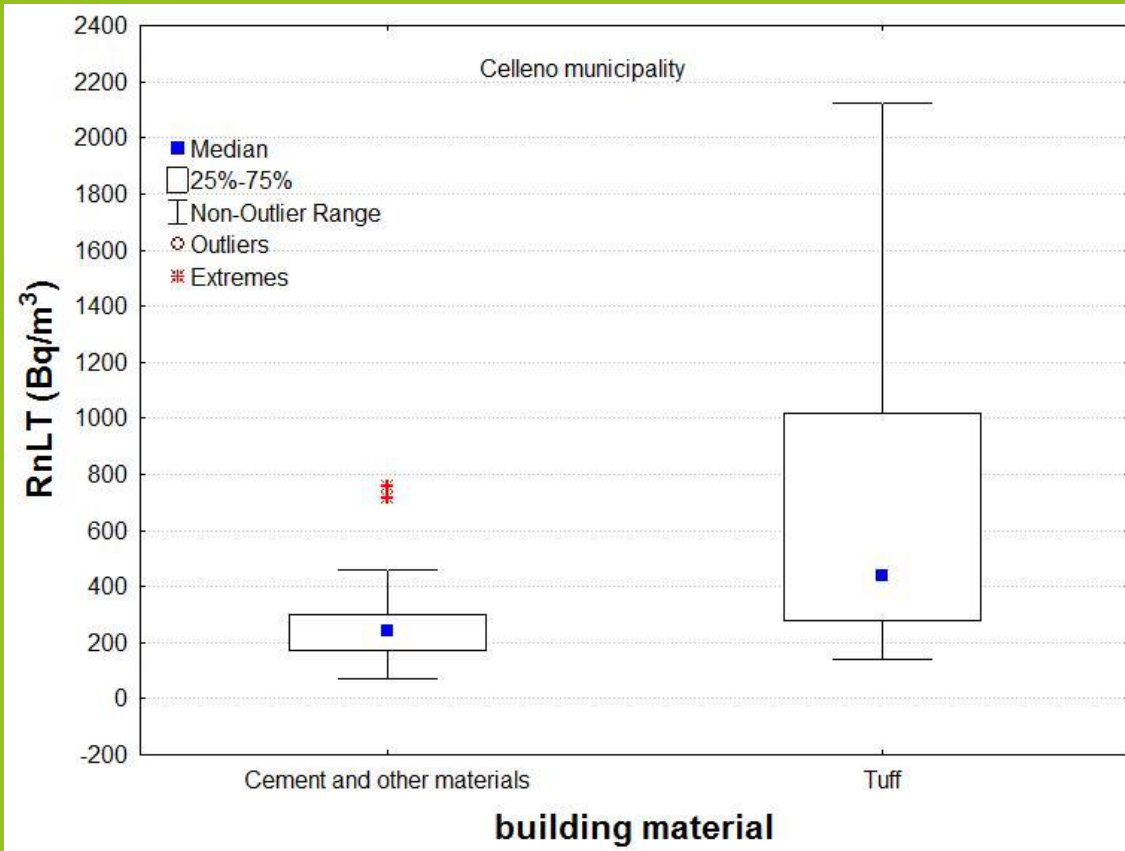


RESPIRE

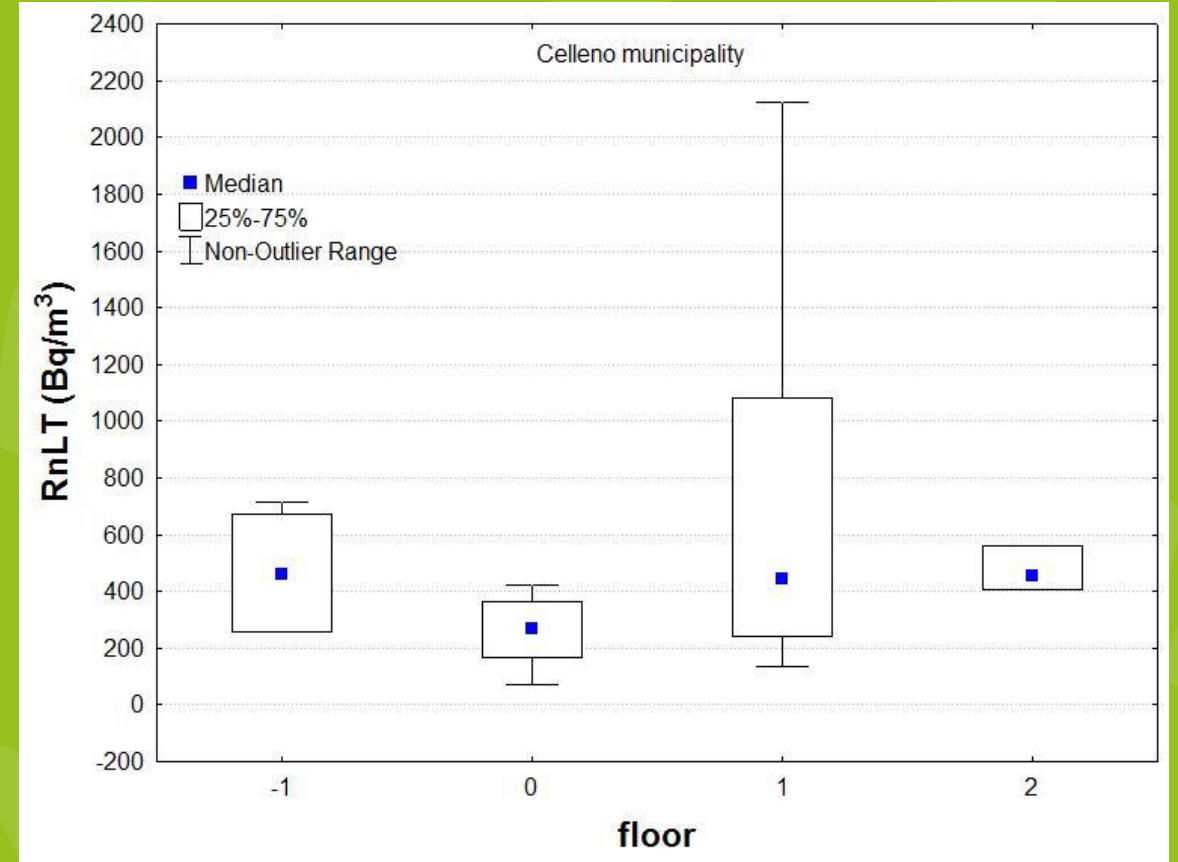
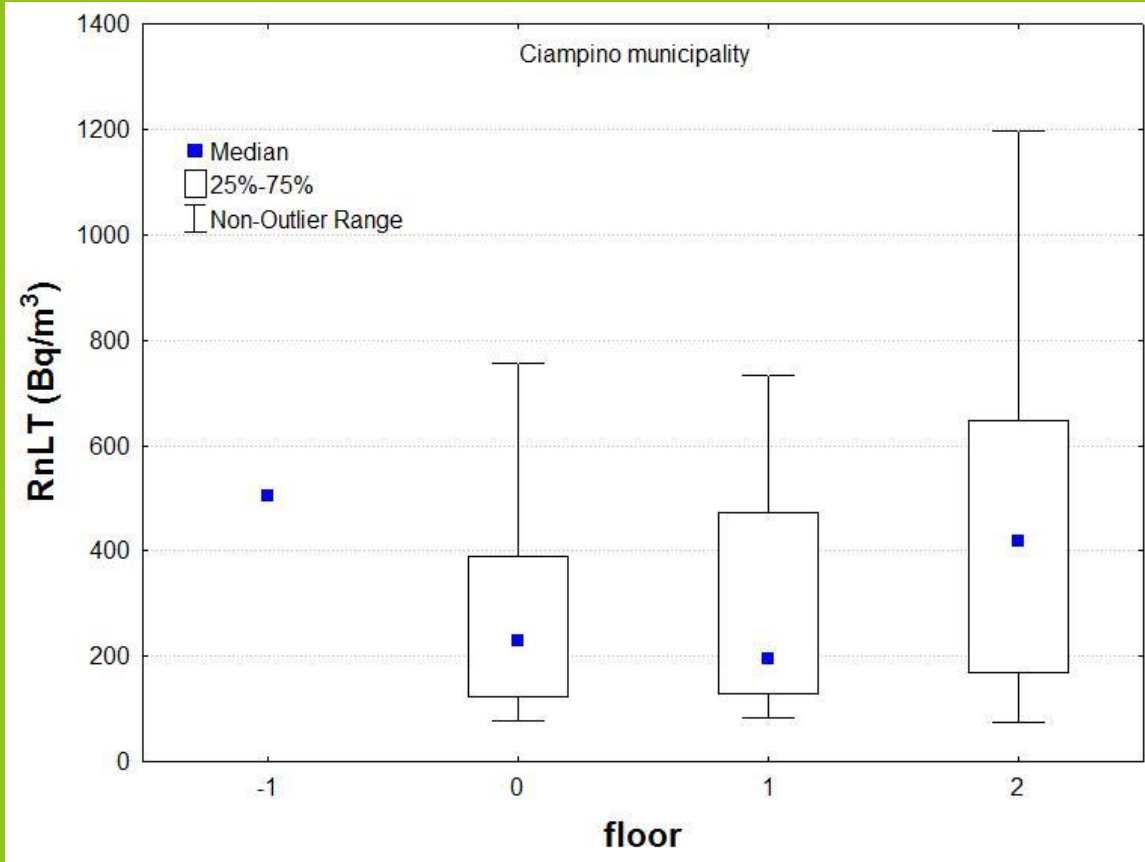
Radon real time
monitoring system



Long-term survey: Radon concentration vs Building material



Long-term survey: Radon concentration vs floor

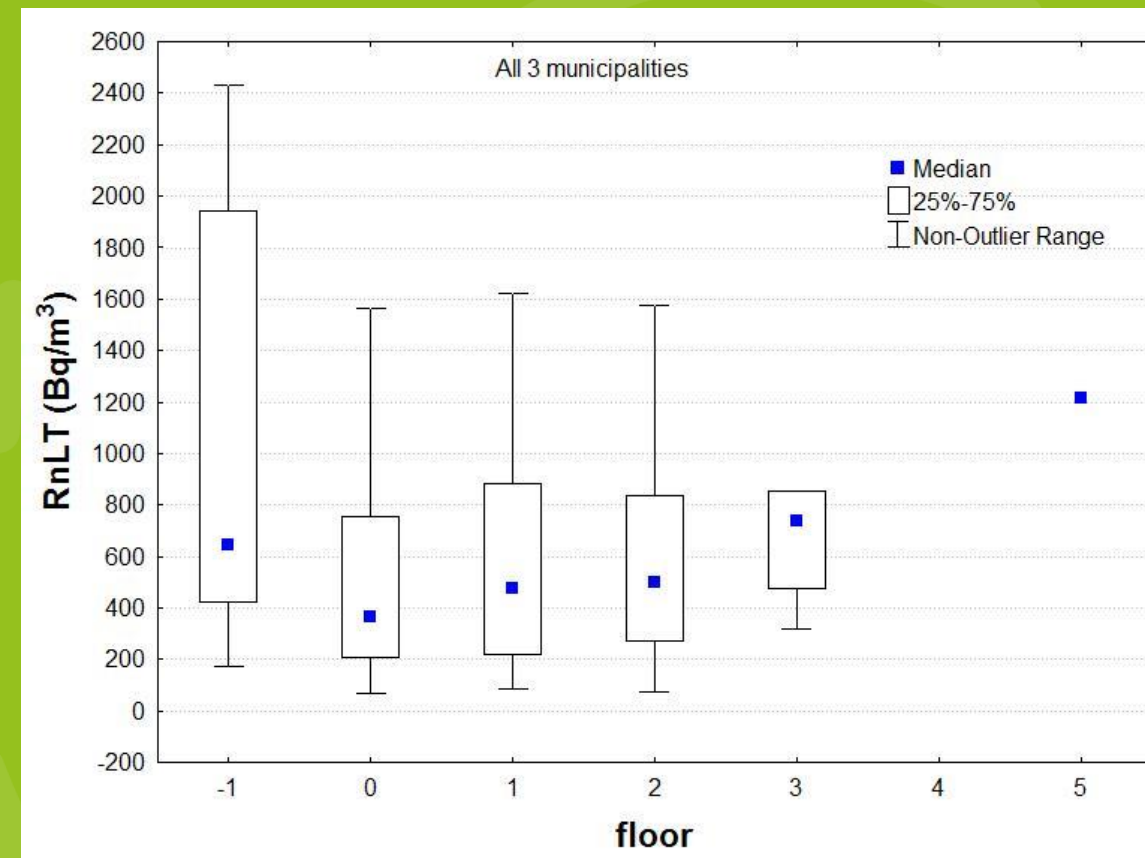
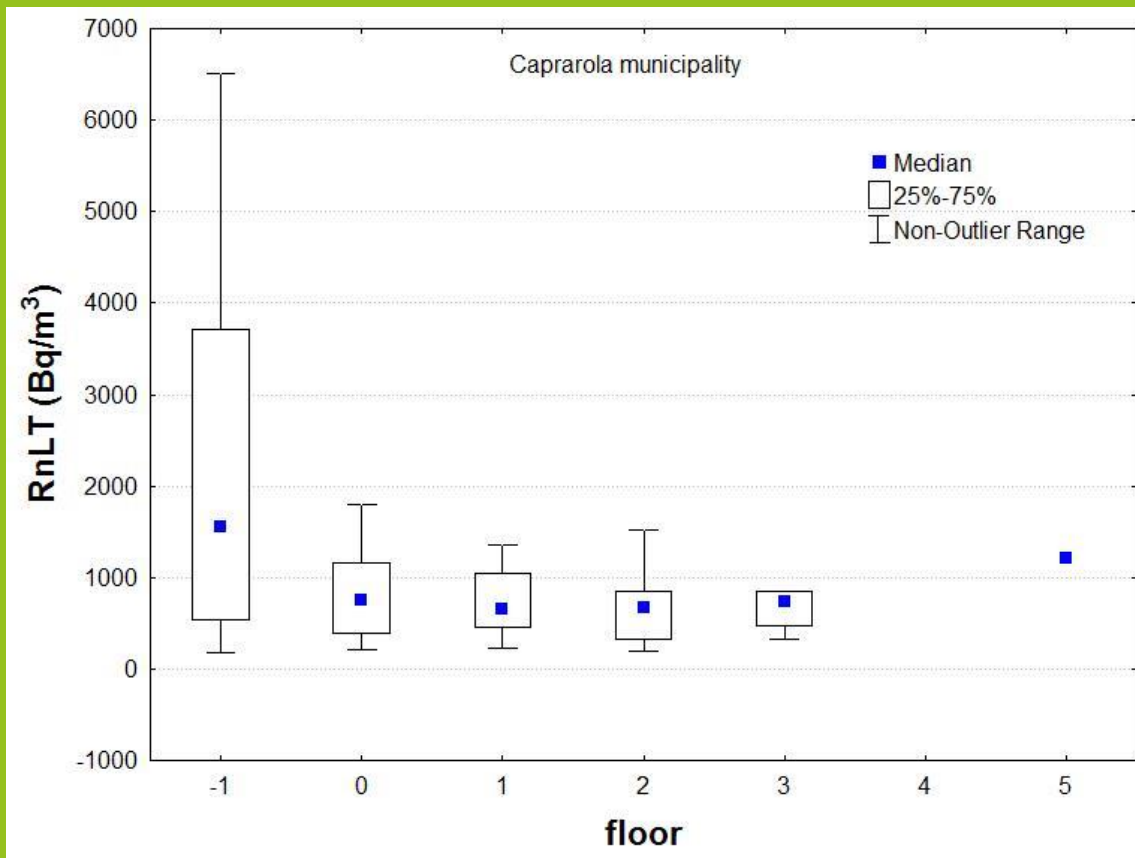




RESPIRE

Radon real time
monitoring system

Long-term survey: Radon concentration vs floor

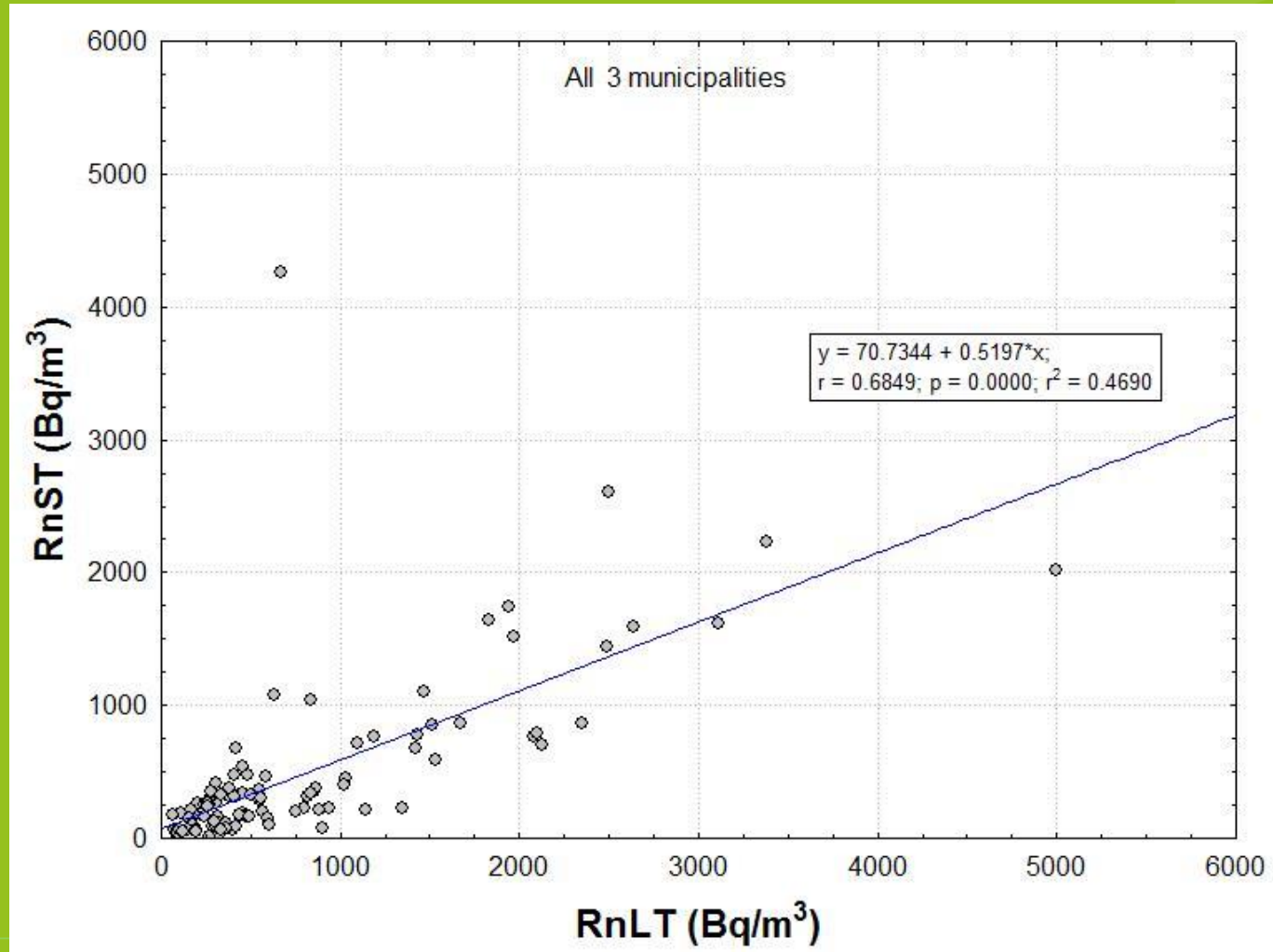




RESPIRE

Radon real time
monitoring system

Short-term vs Long-term



Respire remediation systems (Action B)



RESPIRE

Radon real time
monitoring system

Radon sensor

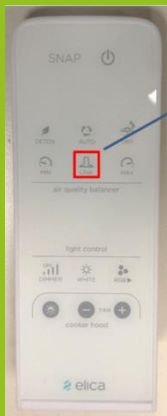


Rn

data
transfer

fan
control

remote



SNAP extraction fan

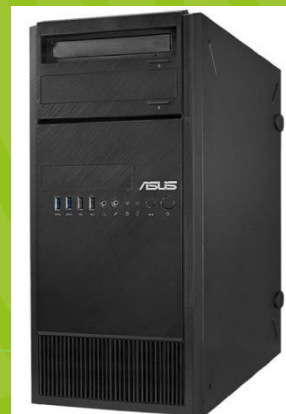


T, RH, fan settings

Wi-Fi modem



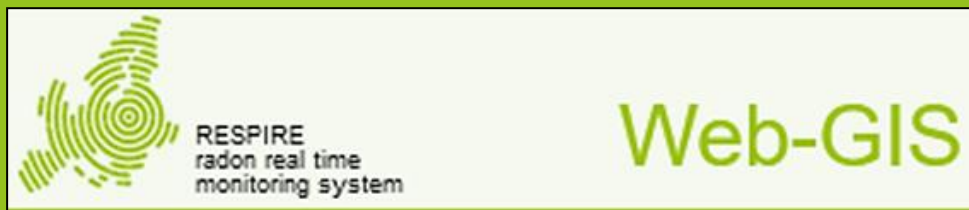
CNR server



Elica Cloud



Web-GIS



Version 1 – SNAP Rn





Version 2 – R3S



RESPIRE

Radon, T, P, RH
sensor



Raspberry Pi
mini-computer



data
transfer



data
storage



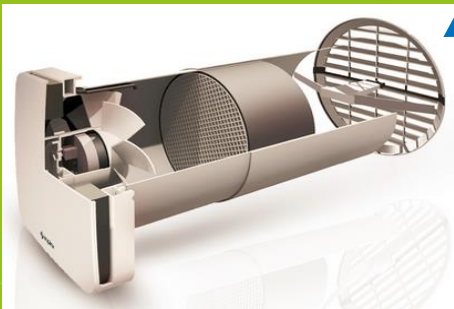
Wi-Fi modem



CNR server



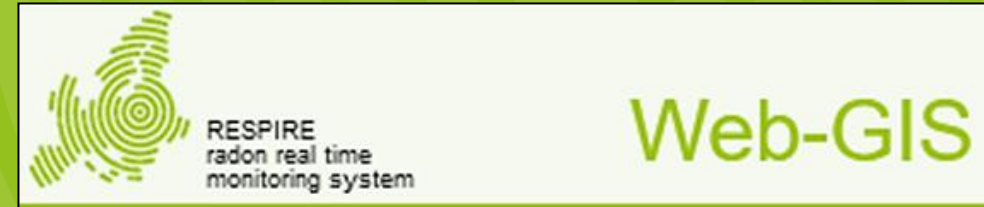
fan control
wireless or cable



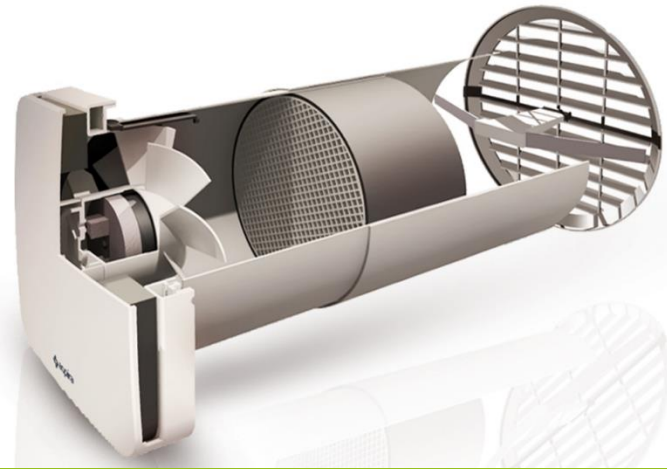
Heat recovery fan



Heat exchange fan



The others ventilation systems



Heat recovery systems. Fan pushes air outside for 70 seconds then pulls air in for 70 seconds. Air is drawn through a porous ceramic cylinder that transfers some heat from exiting to entering air.

- Push-pull approach means fresh air enters only half of the time
- Reported efficiency is high, but can decrease the longer the unit is on
- simple, inexpensive, and compact
- Low noise



Chosen model: Fantini Cosmi - Ecocomfort 100

42

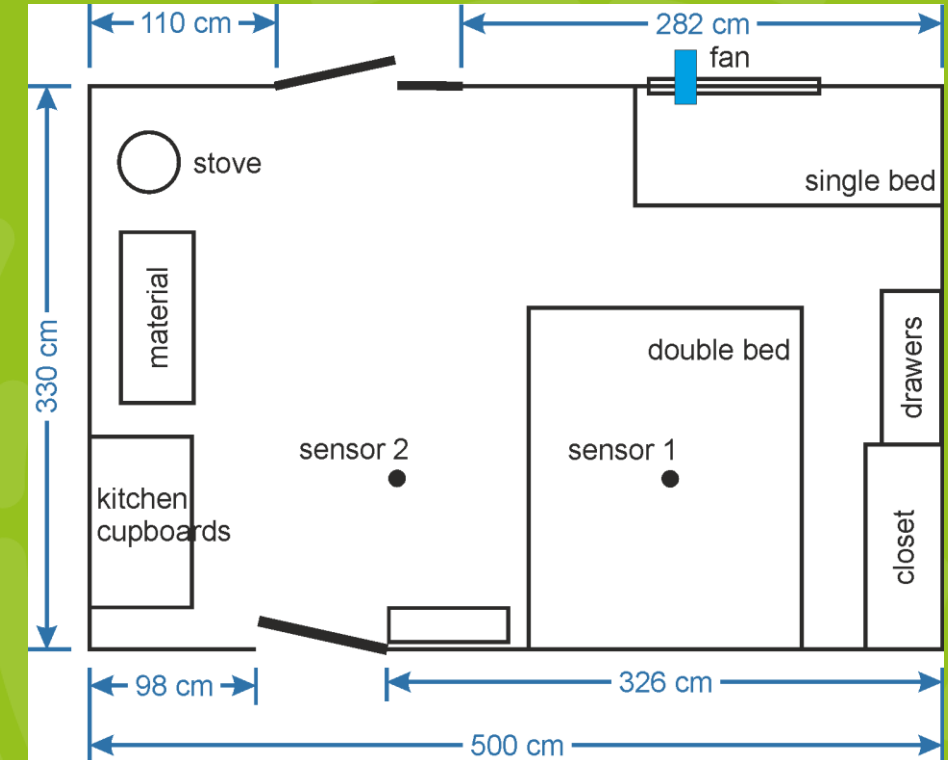
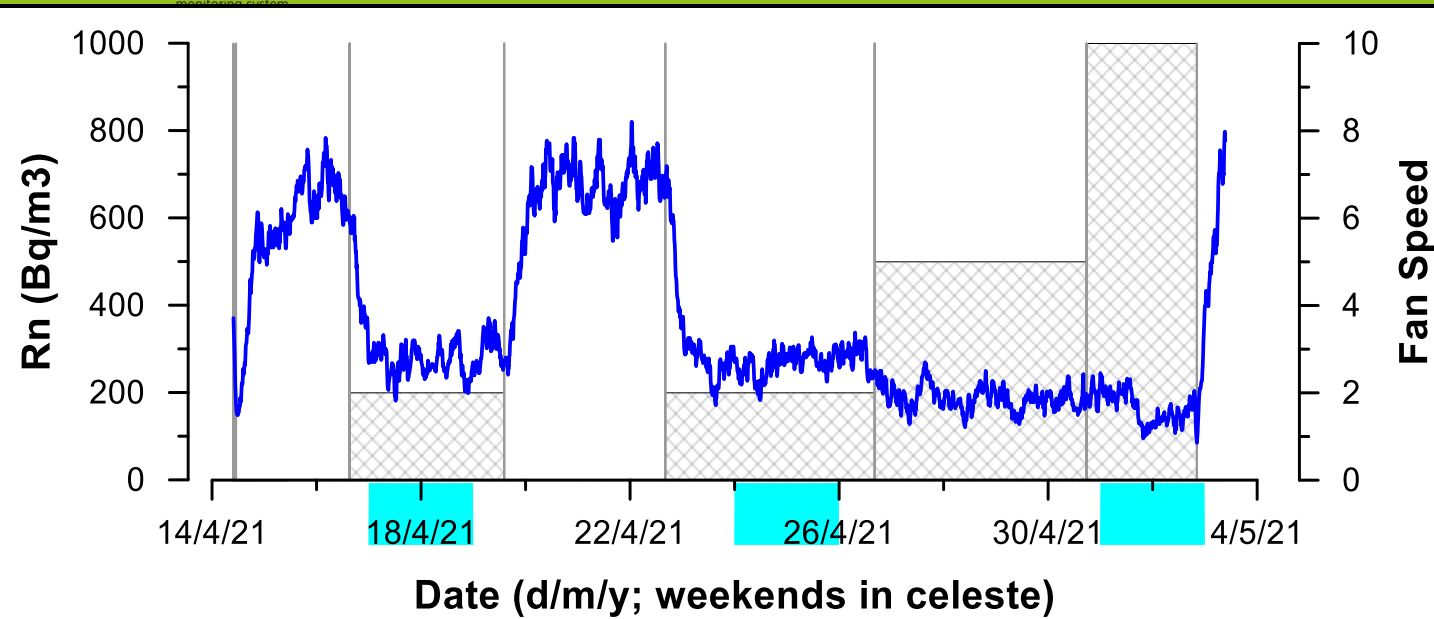
- Manual control allows for easier control (no need for remote control codes)
- Slightly smaller diameter than SNAP thus can be installed in the same hole



RESPIRE

Radon real time
monitoring system

Tests – Bassano guest house

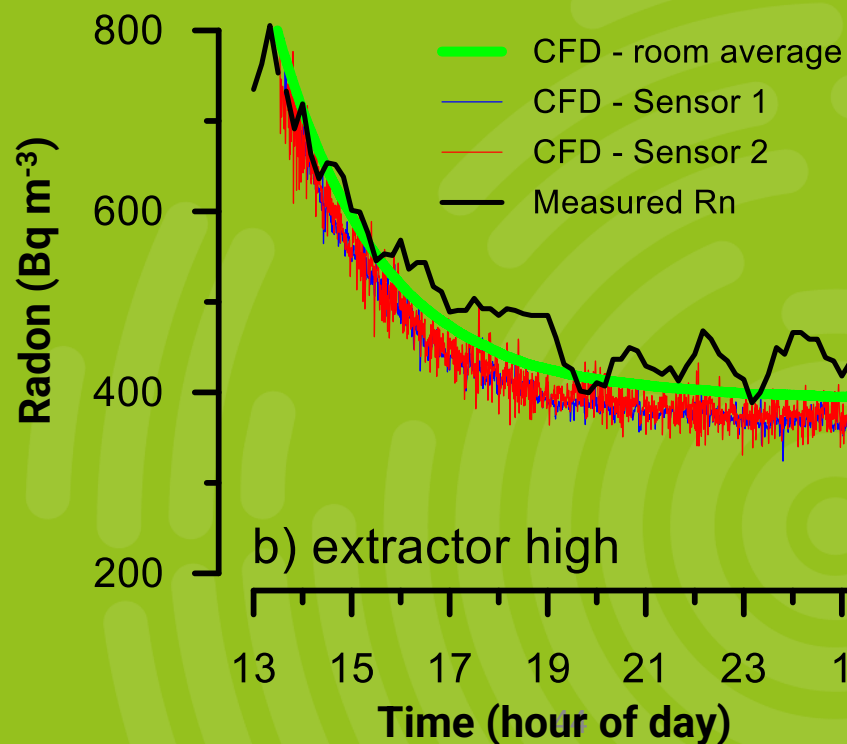
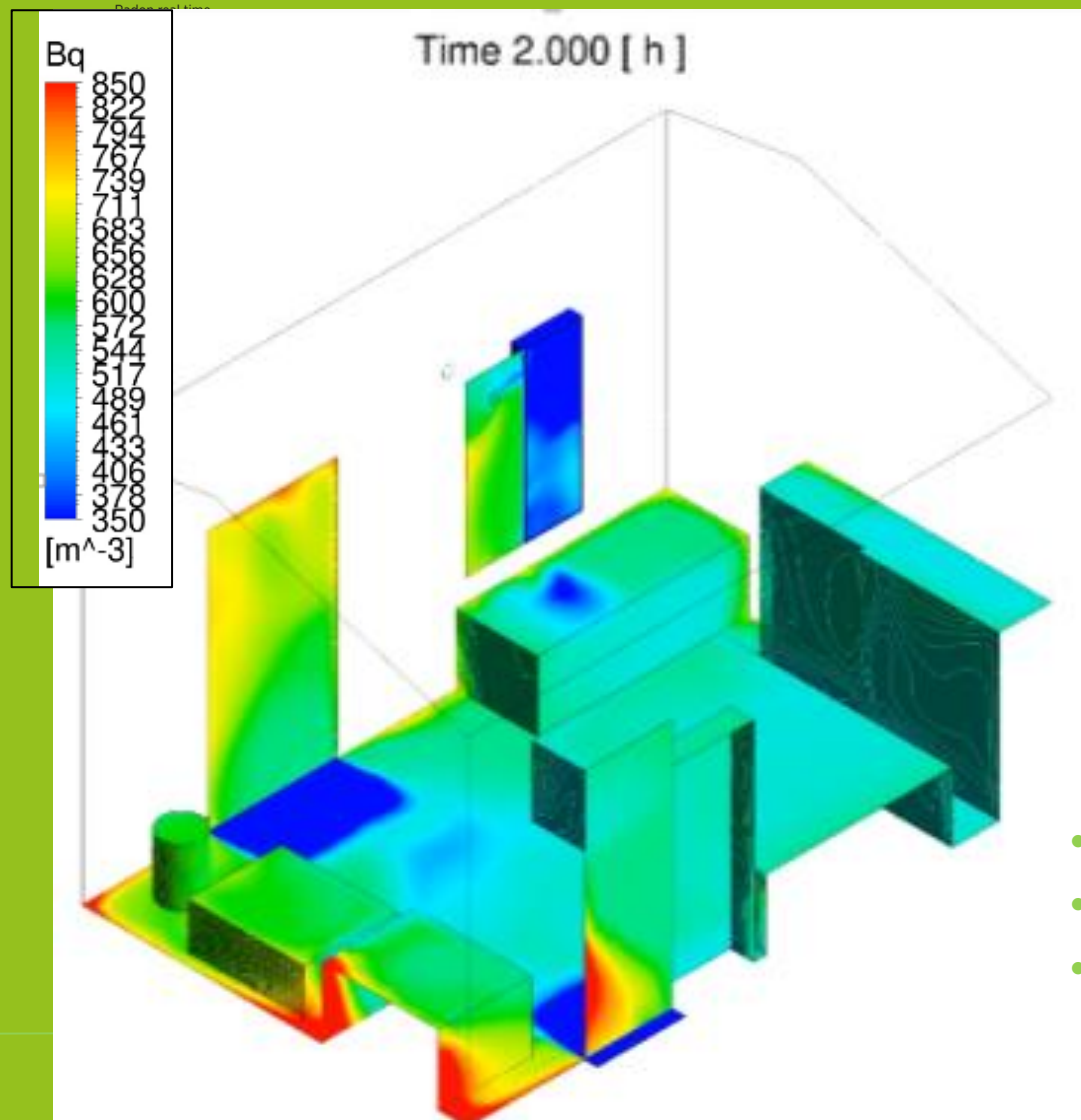


- Simple, closed volume
- Step-wise decrease in Rn, subsequent increase in fan speed has smaller percentage impact



RESPIRE

Simulations – Bassano guest house

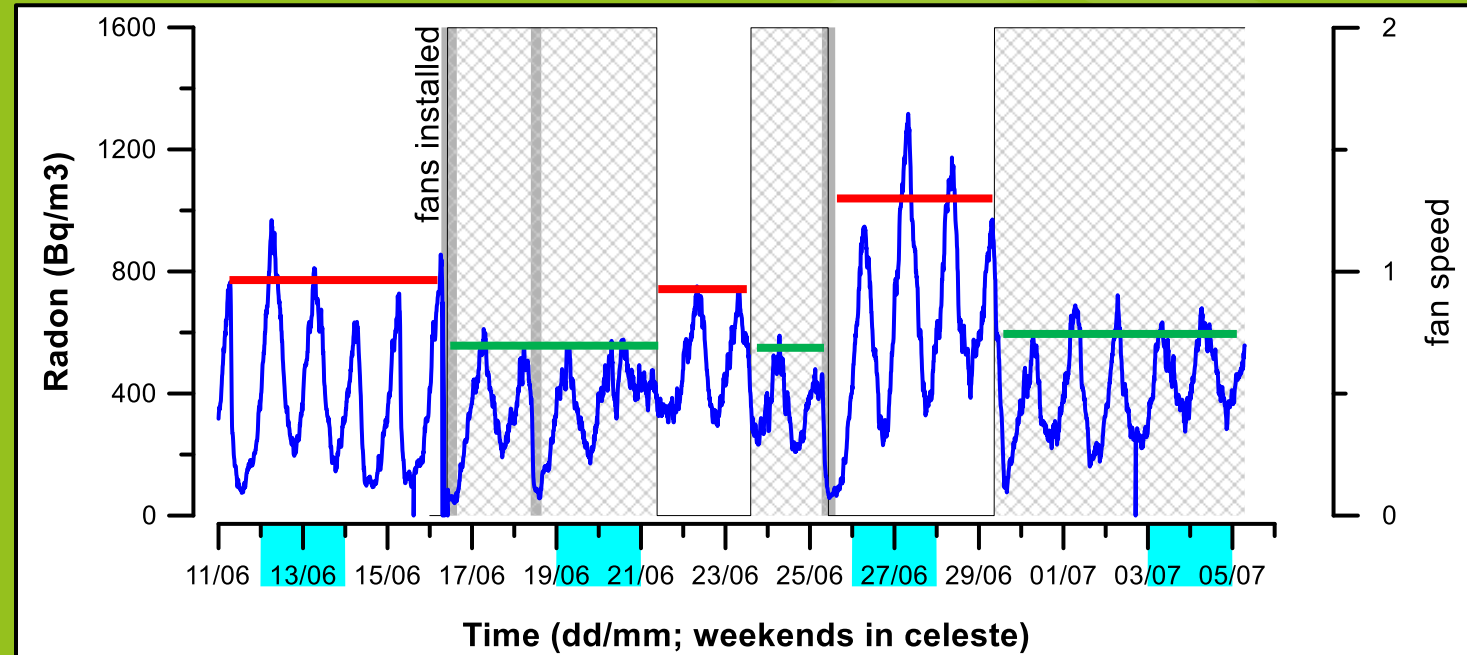
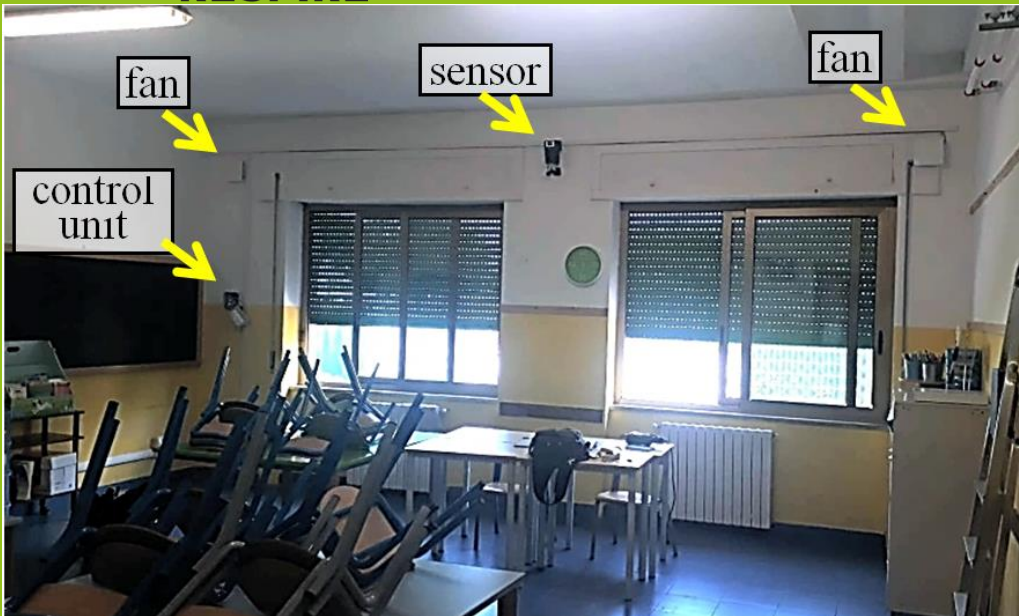


- 3D Computational Fluid Dynamics (CFD) modelling
- Reproduces trend of real data
- Shows areas where flow and mixing is poor



RESPIRE

Tests – Pomezia classroom



45

Synchronised fans alternate flow direction

- Complex daily variability, fans reduce Rn by 25-50%
- Use of two fans guarantees ingress of clean outdoor air and no under-pressurisation

Replication and further development

The system keeps the approach to connect a continuous monitoring and a remediation system (that can be activated when Radon values is higher than a threshold).

A better shaping of the ventilation system can improve results keeping this remediation system to a very low impact

The experience in Belgium is presented by Respire partner FANC

Some conclusions

The integrated RESPIRE remediation system is able to reduce the average values of indoor Rn concentration when the system is correctly set with respect the dimension of the room/house. The effect due to humidity, the interaction with other spaces of the house / building can mitigate the effect; in other cases they act together in a positive way.

The approach of the system that is active only when needed allows to recover ~80% of heat from the air expelled and to reduce energy consumption

The RESPIRE remediation is at present installed in 24 selected public buildings and 5 private houses of 4 municipalities (Ciampino, Celleno, Caprarola and Pomezia). The real time monitoring is available for Authorities and private citizen via WebGis.

Information and dissemination material integrating field data and modeling results, to inform local authorities with respect to Rn and Rn-prevention measures during remediation activities and new construction. >80% of population at Demonstration sites will be informed about the project and Rn risks.



RESPIRE

Radon real time
monitoring system



Thanks for your attention